

In this issue:

- **President's Message**
- **Legislative Affairs**
- **Techie Talk**
- **Hybrid Gang & Security Threat Groups Training**
- **MCA Annual Training Institute at Grandview Lodge, Nisswa, MN Registration Open**
- **MCA award nominations**
- **2014 Midwest Mentoring Forum**
- **Parricide: An Intrafamilial Homicide Typology**

**President's Message**  
 Monique Drier  
 MCA President

In preparing this month's article I spent a great deal of time researching and looking at topics that I felt would be appropriate for this article. Little did I know that, while riding with my husband and son to our final graduation party of the year I mentioned that I needed a topic and nothing seemed to fit for this month's topic. My husband chimed in, "Have you ever thought about something about compassion fatigue?" My son, who is a recent high school graduate all knowing, supported my husband's idea. So off to research and find out as much as I could to share with all of you. As I delved into my research on this topic I found that it could relate to many of us that work in corrections. According to Wikipedia - Compassion fatigue, also known as secondary traumatic stress (STS), is a condition characterized by a gradual lessening of [compassion](#) over time. It is common among individuals that work directly with trauma victims such as nurses, psychologists, and first responders. It was first diagnosed in nurses in the 1950s. Sufferers can exhibit several symptoms including hopelessness, a decrease in experiences of pleasure, constant stress and anxiety, sleeplessness or nightmares, and a pervasive negative attitude. This can have detrimental effects on individuals, both professionally and personally, including a decrease in productivity, the inability to focus, and the development of new feelings of incompetency and self-doubt. At times, many of us may have dealt with similar feelings, but, keep in mind, people in serving fields many times downplay the importance of helping others that may not know how to ask for help. And that simple question of – "How are you doing?" This also means that we need to take the time to hear one's response to our question. As we think about checking in with others, keep in mind that opportunities like the upcoming Fall Institute gives us the chance not only to refuel by listening to the presenters, nominating others for awards on doing a great job, but doing our check ins with others. Mark your calendars for October 22-24, 2014 at Grandview Lodge in Nisswa, MN. We hope to see you there to participate in the reenergizing that will take place and be sure to connect with old and new peers that we are fortunate enough to know in this field of Corrections. Looking forward to seeing all of you at the Fall Institute.

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sponsors in the next issue...**

Legislative Affairs – July 2014  
CAL SAARI  
MCA Legislative Liaison



Summer Greetings to ALL! I hope you have all had some opportunities to enjoy our Minnesota Summer, even though most folks will readily say that this has not been a "typical" Minnesota summer. Here we are entering July and lots of concern about water, water, and more water -"atypical", for sure.

With the adjournment of the 2014 Legislative Session on May 16th, and now with time to look back, that too, was a very "atypical" event from many perspectives. This was a very short Session starting on February 25th and adjourning May 16th, making this one of the shorter Sessions in many years. It was however, a very good year from our perspective in Corrections. When you look at our legislative agenda for the Session, and look at the legislation that was enacted, you cannot help but have a great sense of satisfaction with the results. With the exception of the voting rights restoration bill we supported with many of our partners, but which failed to catch fire this year, almost every other item we supported and lobbied for were enacted into new legislation - the Stay of Adjudication bill, a comprehensive expungement bill, the Synthetic Drug limitation, enhancement of the penalty for Fifth Degree Criminal Sexual Conduct, and several enhancements in Domestic Abuse victim protection as well as an expansion of the crime of violence definition. This was a great year for us!

The road to accomplish this however, was somewhat "atypical". It was the result of the way the Legislature itself moved things around. With very tight time restrictions, hearings in Committees were rushed with little time for testimony by lobbyists and advocates, so we spent less time in legislative hearings and a lot more time in personal conversations with key Legislators on a regular basis, and we found a lot of support with

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that approach and a commitment from them to often move positions forward in a sometime unorthodox manner -but the results were there at the end of the Session. We maintained a very cordial relationship on both sides of the aisle, which helped immensely, and we are grateful to those key Legislators that worked on our behalf.

Now we turn our attention to the upcoming elections as all members of the House are up for election. Experts have identified fourteen House races as competitive and will decide the control of the House in the 2015 Session. Republicans will have to win a majority of those races in order to become the majority in the House; otherwise, the DFL will retain control of the Legislature. The other significant contest is the race for Governor, where Governor Dayton seeks re-election for the first time in any position he has held in state office, and four experienced Republicans seek their party's endorsement in the primary to run against Governor Dayton. The Primary has been moved up earlier in time, being held on August 14th. That will leave about ten weeks of intensive political badgering leading up to the November 4th election.

We are now actively involved with the MCA Legislative Committee in developing a new Legislative Agenda for the 2015 Session, which begins on January 6, 2015. Discussion is now taking place on what issues we want to pursue and how we might react to other concerns. This will be a very busy schedule as we must have a new legislative agenda draft ready to present to our membership at the Fall Institute at Grandview in Nisswa on October 22-24th. Feedback from our membership is important to this process, so we solicit your comments on issues and concerns you feel we should address. Contact Mark Bliven, MCA Legislative Committee Chair, at: [mark.bliven@state.mn.us](mailto:mark.bliven@state.mn.us) or me at [SISUwithSAARI@aol.com](mailto:SISUwithSAARI@aol.com)

Have a nice remaining summer, and thank you so much for your continuing support of our legislative efforts.

Calvin Saari  
Legislative Liaison  
Minnesota Corrections Association  
[sisuwithsaari@aol.com](mailto:sisuwithsaari@aol.com)  
218-969-0151

## Techie Talk

### I-Phones helping in the medical field



*By David Heath - Technical Committee Chair*

Most of us use smart phones every day to pick up emails and the many other functions a smart phone can do. I came across an article where I-phone technology is poised to change the lives of people with type 1 diabetes. The article is about a bionic pancreas where the invention of the I-phone provided the perfect platform for the device. It sounds like it will be an amazing breakthrough for this condition, which primarily affects the young, and is often called juvenile diabetes. Check out the attached article. And most of us thought we could just use this technology as a mobile personal computer with a small screen and little keyboard. Medical research is already using many new computer technologies to its advantage. Looks like this will be another great application when it gets to market.

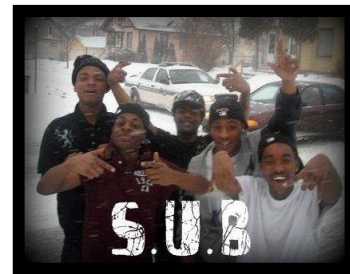
**<http://www.nbcnews.com/#/health/diabetes/bionic-pancreas-astonishes-diabetes-researchers-n130956>**



**Minnesota Corrections Association &  
Minnesota Community Corrections Association  
Presents a Workshop:**



# **Hybrid Gangs & Security Threat Groups**



**Hybrid Gangs/Security Threat Groups:** Hybrid gangs are new youth gangs engaged in illegal activities. Such gangs are found throughout Minneapolis and St. Paul. Traditional gangs usually had structural hierarchy and code of discipline/conduct. Unlike traditional gangs, Hybrid gangs have very few rules or codes. The new generations of hybrid gangs are devoted to making money through illegal activities such as drugs, robbery, and prostitution.

## **Workshop Objectives**

- Learn about how Hybrid STG's/Gangs affect the prisons and community.
- Learn how social networking sites are used by Hybrid members.
- Learn identifiers for detecting hybrid activity.

## **Presenters: Tonja Tidgwell and Andy DuBois**

- Andy is presently an Investigator at MCF-Faribault. He has worked in Corrections for 13 years. Andy has worked at MCF-Oak Park Heights, MCF-Faribault, and for the Ramsey County Community Corrections Department
- Tonja is presently an Investigator at MCF-Stillwater. She has been with the Department for 18 years. Tonya has worked at MCF-Oak Park Heights, MCF-Stillwater, MCF-Faribault, MCF-Rush City, MCF-Redwing, and MCF-Shakopee.

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**Date: Friday, September 19<sup>th</sup>, 2014**

**Time: 9:00 a.m. - 12:00 p.m.**

**Location: Goodwill Easter Seals: 553 Fairview Avenue N., Saint Paul, MN 55104**

## **Registration:**

**This training is being offered FREE for MCA/MCCA Members. You must be a current, paid, MCA or MCCA member to attend at no cost. If you are not currently an MCA/MCCA member but would like to become one, please refer to the MCA website at [www.mn-ca.org](http://www.mn-ca.org) or the MCCA website at [www.mnmcca.com](http://www.mnmcca.com) to join.**

Join us at the Annual Training Institute



**MCA Annual Training Institute  
October 22-24, 2014  
Grand View Lodge - Nisswa, MN  
Registration Now Open**

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**The 2014 MCA Awards Ceremony  
will take place at the Annual Training Institute  
at Grand View Lodge with a  
social hour being sponsored by 180 Degrees**

**Nominations now being accepted for:**

**Corrections Person of the Year  
Professional Achievement Award-Field Services  
Professional Achievement Award-Correctional Facilities  
President's Award  
Technology Award**



Check it out!

### MCA Annual Training Institute

AMY MOECKEL/SHANNON FETTE

MCA Annual Training Institute Chairs

Ramsey County Community Corrections

The Minnesota Corrections Association (MCA) Annual Training Institute Committee is doing a phenomenal job at preparing for the 2014 Annual Training Institute. Please join us in celebrating 81 years of MCA at the Annual Training Institute located this year at the Grand View Lodge Nisswa, Minnesota.



\*\*\*Registration for the conference is now open and there is an Early Bird option for conference registration until 9/1/14. Please visit our website to register:

<http://www.mn-ca.org/>

The mission and highlights of this year's Annual Training Institute Committee includes the following:

- Cutting edge training at the front of the latest trends in corrections
- Provide a top location for networking with fellow peers in corrections from across the state
- A return to the 2 ½ day training
- Provide training that will attract a diverse group of participants
- Offer a conference with quality programming at a low cost to agencies/participants
- Provide a venue for the annual Association business meeting
- Awards recognition of staff that show exemplary service to the field
- Connect resources/vendors with agencies to meet their needs and include an excellent opportunity for sponsorships as well as the popular resource fair venue

## **Conference Highlights**

The conference will be kicked off each day with relevant inspirational Keynote speakers:

**\*Tou Ger Xiong - “Teaching Culture through Laughter”**

**\*Aaron Cross - “Motivation on Wheels”**

**\*Bobby Smith - “Visions of Courage”**

The Tracks this year include:

1. Juvenile
2. Special Programming
3. EBP/TPT
4. Public Interest

The full conference schedule is available online on the MCA website home page at [www.mn-ca.org](http://www.mn-ca.org)

**With the return of the 2 ½ day training, the following evening activities will be available:**

- Wednesday evening please join us for the Vendor Hospitality event from 6pm-9pm located in the Norway Center.
- Thursday evening please join us to celebrate and support your peers as they are recognized for the exemplary services at the Awards ceremony! The celebration is hosted by 180 degrees starting with social hour from 4:30-5:30 followed by the awards ceremony at 5:30 pm.

More details to follow on the fun afterwards, stay tuned!

Committee chairs include:

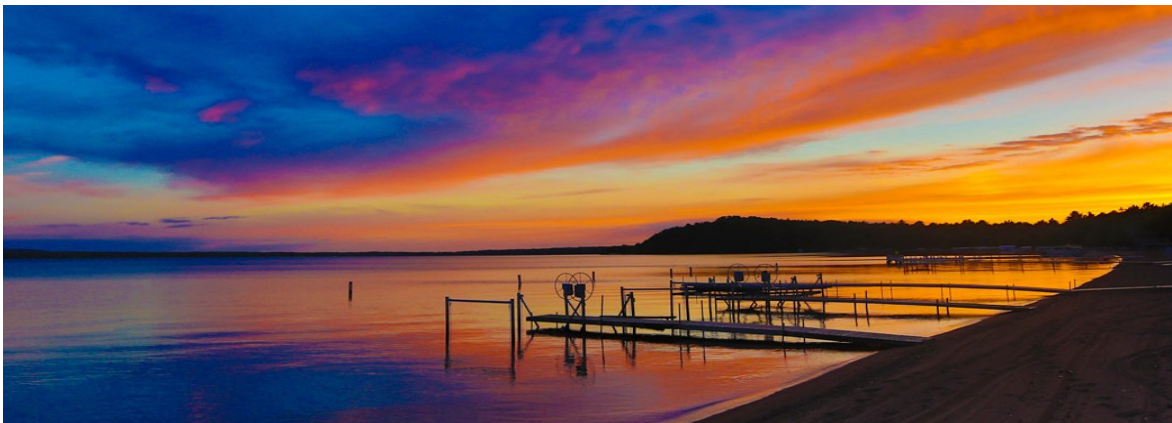
- **Shannon Fette/Amy Moeckel** – Annual Training Institute Committee co-chairs
- **Tom Redmond/Tom Jungman** – Arrangements
- **Marcie Koetke/Ruth Stadheim** – Program
- **Vicki Lanners** – Registration
- **Jeffrey Hilliard/Jason Mereness** – Resource Fair / Hospitality-Networking
- **Tara Eisenmenger/Christine Schweick**-Hospitality-Networking

A special thank you to the current businesses for being a sponsoring at this year's Annual Training Institute:

- \*Past President Breakfast/Award Ceremony Social Hour – 180 Degrees
- \*Registration Tote Badge-MN Adult & Teen Challenge
- \*Lanyards-MINNCOR
- \*Folder/Program Printing – DOC Printing Education Program
- \*Conference Break – Prairie Lakes Youth Programs

*If you want to be a specific Annual Training Institute Sponsor – contact the MCA office at [mca-mn@hotmail.com](mailto:mca-mn@hotmail.com) or 651-462-8320*

Please join us for what is sure to be a  
top notch memorable training at Grand View Lodge!



## **MCA is seeking nominations for awards**

We are all so weather weary, and certainly don't want to start thinking about fall or what comes after..... However, the MCA Fall Institute is the time when we honor our fellow corrections professionals. MCA can't accomplish this without nominations from members. So this is a reminder to start thinking about those deserving corrections professionals who you believe should be the recipient of one of the awards. Below is the nominations form that includes a list of the awards given. Over the next couple months please take some time to consider submitting an award nominee. You can submit nominations to Karen Evans, 10 NW 2<sup>nd</sup> Street, Buffalo MN, or by e-mail [karen.evans@co.wright.mn.us](mailto:karen.evans@co.wright.mn.us).

Help MCA celebrate all that corrections professionals accomplish.

Sincerely,

Karen Evans, Past President MCA



## 2014 Awards Nomination Form

**Nominee Name:** \_\_\_\_\_  
**Title:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_  
**Agency:** \_\_\_\_\_  
**Agency Address:** \_\_\_\_\_

**Recommendee Name:** \_\_\_\_\_  
**Title:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_  
**Agency:** \_\_\_\_\_  
**Agency Address:** \_\_\_\_\_

**Award Categories (select one):**

- ☐ Corrections Person of the Year
- ☐ Professional Achievement – Correctional Facility
- ☐ Professional Achievement – Field Services
- ☐ President's Award
- ☐ Technology Award

The Board of Director's Award is chosen by the MCA Board of Directors

*Please attach a narrative to describe why you think this person or program should receive this award. If you have other individuals joining you in this nomination, please have them fill out this form and attach it to their letter of support as well.*

### Corrections Person of the Year

This award is given for outstanding contribution in the field of corrections in Minnesota by an individual in any employment. It could be clergy, judge, legislator, group home parent. etc., as well as a correctional professional.

### Professional Achievement Awards

This award is given to two correctional staff persons (field services and correctional facilities) who have demonstrated achievement over a period of time, but shall not exclude professionals new to the field who have displayed outstanding achievement.

### President's Award

This award is given to programs, resources or facilities working in the broad field of corrections and criminal justice, which demonstrate creativity, resourcefulness, effectiveness and innovation.

### Technology Award

This award is given to individuals, programs, resources or facilities working with technology in the broad field of corrections and criminal justice, which demonstrate creativity, resourcefulness, effectiveness and innovation.

### Board of Directors' Award (chosen and voted by Board of Directors)

This award recognizes exemplary service to MCA members through participation in association activities.

**E-mail this nomination form and supporting documents  
by August 1, 2014 to:**

Karen Evans, MCA Past President (2013)  
Awards Committee Chairperson  
[karen.evans@co.wright.mn.us](mailto:karen.evans@co.wright.mn.us)

*Supporting mentors for adults who are reentering community after incarceration*

# The 2014 Midwest Mentoring Forum

*It's Free!*

**Moving Past the  
Revolving Door:  
Mentoring to  
Reduce Recidivism**

Thursday, November 6, 2014

10 a.m.- 5:30 p.m.

Hope Presbyterian Church

7132 Portland Avenue South, Richfield, MN

- For Volunteers, Students & Professionals
- Dynamic Workshops & Inspiring Addresses
- Network with other mentors over a complementary lunch

**Planned topics include:** Mentoring those struggling with **addiction** and **mental health** issues; "Will Your Mentee **Succeed** on the Outside? Key Predictors;" "Understanding How the **Prison System** Works;" "When a **Mentee Goes Back**: A Panel Discussion;" "Mentoring **Sex Offenders**;" the "Offender **Reentry Game**" and much more!

**For more information and to register:** Call 612-877-4268 or email [steve.nelson@voamn.org](mailto:steve.nelson@voamn.org).

## **The Midwest Mentoring Collaborative Includes:**

Amicus/Volunteers of America-Minnesota, the Minnesota Department of Corrections, Goodwill-Easter Seals MN, Inner Change Freedom Initiative (IFI), RAIN Homes and others!



[www.facebook.com/MidwestMentoringCollaborative](http://www.facebook.com/MidwestMentoringCollaborative)

## **Parricide: An Intrafamilial Homicide Typology**

Authors: Jerrod Brown, Blake Harris, Charlotte Johnson, and Erv Weinkauff

Parricide, the murder of a parent by a child, is a crime viewed by society with astonishment and often revulsion. The present article aims to examine the extant literature base on parricide regarding offender characteristics, the different victim-perpetrator murder scenarios, family risk factors, and other key research findings. Delineating such crimes might afford those in the criminal justice and associated fields a mutual understanding of parricide and may help to better identify those most at risk for committing future acts of parricide.

The definition of parricide encompasses not only the murder of one's mother (matricide) and/or father (patricide), but also includes the murder of other primary caregivers such as stepparents (Boots & Heide, 2006). It has been estimated that parricide cases represent less than 4% of all homicide incidents in the United States (Ewing, 1997; Fedorowycz, 1999; Hillbrand, Alexandre, Young, & Spitz, 1999; U.S. Department of Justice, 2009; Perri, Lichtenwald, & Mackenzie, 2008). While parricide is rare in occurrence (Shon & Targonski, 2003; Heide, 1993; Flowers, 2002), it generates significant media attention when such an act is committed (Heide, & Boots, 2007; Evans, McGovern-Kondik, & Peric, 2005).

According to research, most incidents of parricide are unplanned and occur with little to no warning (Bourget, Gagné, & Labelle, 2007), generally occurring after a family argument or altercation (Shon & Roberts, 2008). Thus, identifying and preventing these types of cases prior to the actual incident may be difficult. In some cases there were indications of trouble prior to the homicide event, as demonstrated by a worsening of psychiatric symptoms and increases in hostility towards family members by the perpetrator (Bourget, Gagné, & Labelle, 2007). Most incidents of parricide take place in the victim's home (Green, 1981; Campion, et al, 1985) and while the victim(s) were asleep (Shon & Roberts, 2008). Male victims are more likely to be killed by guns, as opposed to females who are often killed by knives or blunt objects (Walsh, Krienert, & Crowder, 2008). Female parricide perpetrators are more likely to use knives, while males are more likely to use guns (Walsh, Krienert & Crowder, 2008).

### **Parricide Perpetrator Characteristics**

Parricide is more often committed by males (Barnettm Miller-Perrin, & Perrin, 2011) over the age of 18 (Chilton, 2002; Heide & Petee, 2007) yet often younger than 30 (Edwing, 2003). In instances of parricide the victim is more often the father of the perpetrator (Bourget, Gagne, & Labelle, 2007; Hillbrand, Alexandre, Young, & Spitz, 1999). Unidentified/untreated mental illness can be a contributing risk factor in parricide cases (Bourget, et al., 2004; Millaud, Auclair, & Meunier, 1996). Additionally, in many instances, the parricide perpetrator was also dealing with a comorbid substance use problem (Malmquist, 2010). There is a greater likelihood for psychosis (perceptual hallucinations and/or delusional beliefs) to be present when the parricide perpetrator is an adult rather than a juvenile (Bourget, Gagne, & Labelle, 2007; Heide, 1992; Hillbrand, Alexandre, Young, & Spitz, 1999; Malmquist, 2010; Mones, 1991).

### **Dysfunctional Family Dynamics & Abuse**

Except when parricide is solely accounted for by untreated psychosis, dysfunctional family relationships are typically present between the perpetrator and the mother and/or father (O'Connell, 1963; Singhal & Dutta, 1990). In particular, some have posited that parricide is often spurred by rejection and/or shaming from the father (Haegerich & Bottoms, 2000; Singhal, & Dutta, 1990).

Another factor that may play a role in the progression and eventual carrying out of the act of parricide is parental neglect (Heide, 1992). Other precipitating factors include a familial history

of mental illness, domestic violence, neglect, as well as physical and emotional abuse (Heide, 1992; Heide & Solomon, 2009; Millaud, Auclair, & Meunier, 1996; Myers, & Vo, 2012). According to some researchers, most juvenile offenders who kill their parents do so to stop past and current severe physical and/or sexual abuse (Buyuk, Kurnaz, Eke, Ankarali, & Oral, 2010). Parental psychopathology can also contribute to maltreatment, humiliation, and shame for juveniles that may lead up to the incident of patricide. The adolescent may develop a need for vengeance following repeated occasions of humiliation. This is believed to be a failure in moral regulation (Malmquist, 2010). Still, it should be noted that the overwhelming majority of individuals who were abused as children do not commit extreme violence including murder. As children are dependent on their parents in many ways, those being abused may believe that they are unable to disclose such abuse to outside sources. There can be a misguided loyalty to the abuser or a fear of retribution. The relationships in the family may promote insularity such that the child feels trapped in the situation. If there is a plea for help it is possible that other adults may disregard the report and maintain a perspective of denial regarding the family. There may be a portrayal to the world of an intact, loving household that hides destructive tendencies of the parents. Substance abuse by the parents is another variable to further investigate as it relates to parricide cases.

#### Future Considerations

As noted above, there are numerous antecedents to parricide that can serve as red flags for those who work with children and adolescents in the effort to prevent such a crime. A review of the research has found that adolescents who commit parricide may show increased impulsivity, low educational attainment, impaired attachments, mood instability, and neurobiological vulnerability (Malmquist, 2010). Continued research into the precipitating risk factors for parricide may better aid mental health professionals, educators, social service providers, law enforcement, and other advocates in devising and implementing interventions before lives are lost. Increasing the awareness of parricide and providing training and education to first responders regarding these cases is a crucial step at preventing future acts of family homicide.

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