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President's Message **Steve King** **2016 MCA President**

Greetings MCA Members,

Is your cup half- full or half-empty? After watching the Republican National Convention and the Democratic National Convention the past two weeks I found myself reflecting on this question as it relates to my life, both personal and professional. It didn't take a lot of introspection before I reminded myself of the value of obtaining and maintaining a positive attitude and outlook. In full disclosure I've always considered myself a cup half-full fella, but I must admit that I have found myself wading into more of the negative waters during the past couple of months. It took the political conventions and all the speeches I've listened to; to snap me out of my negative funk and realize that I need to recheck my attitude and get my cup in the half-full range again.

I certainly do not want to debate the merits of either political party but whether you prefer blue to red, or identify with the elephant rather than the donkey, I personally find myself drawn to the speakers at the podium that are professing positivity. I don't think I'm alone in this revelation.

I believe most of us gravitate towards people who are upbeat and portray a positive outlook on life. Expressing ourselves with a more optimistic and affirming slant certainly creates a more desirous impact on the offenders we work with as well as our fellow employees with whom we are sharing this corrections ride.

Once I rebooted my attitude I got to thinking that maybe just maybe after 28-years in the corrections business, I've become soured and jaded with all the brokenness, crime and addiction. We have a name for this now-vicarious trauma. While blaming the corrections profession would be an easy and perhaps even a justifiable excuse for me or anyone among us to be sucked into a vortex of negativity, that's not where I settled and I hope this is not where any of you have settled either.



Mn Adult & Teen Challenge



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stevek@co.mower.mn.us

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sarah.eischens@state.mn.us

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connie.hartwig@state.mn.us

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wood.robbyn@co.olmsted.mn.us

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Jennifer.Guse@blueearthcountymn.gov

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michelle.smith@state.mn.us

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ryan.busch@co.wright.mn.us

Jonathan Rowe, Co-Chair

rjonathan.lee.rowe@state.mn.us

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shannon.fette@co.ramsey.mn.us

Amy Moeckel, Chair

amy.moeckel@co.ramsey.mn.us

Dan Raden, Chair

dan.raden@state.mn.us

This career choice all of us MCA members have made seemingly has more challenges than rewards most days. But realizing that this challenge/reward balance may tip the scales more towards the negative end makes it all the more important for us to sustain an overall positive perspective. I credit the professional relationships and friendships I've made in corrections with making this career rewarding and even fun. Being involved with MCA allows all of us to grow our professional friendships which in turn has a direct impact on helping us maintain that necessary but occasionally elusive positive attitude. Fill it up!

Take Care,
Steve King
President - 2016



Legislative Affairs

Cal Saari

MCA Legislative Liaison

With the end of the 2016 Legislative Session now in the books there is not a lot more to address about this Session...or is there? Just this past week Governor Dayton, together with DFL Senate President Tom Bakk and Republican House Speaker Curt Doudt indicated that they had reached some "general agreement" on issues that will lead to a Special Session, probably to take place in late August. It appears this is an effort to revive some sort of a bonding bill, but at this point none of the details have been released although everyone who was seeking bonding money earlier in the Session are hopeful that they will be included in action by the Special Session. There still appears to be a number of compromises that need to be put in place before any of this is firmed up, although it seems all the principle parties are optimistic that the special session will take place. We'll wait and see, but be assured we'll make every effort to keep you updated.

As you all know, the media will now make sure that all of us are aware that the 2016 election year is now in full swing. A presidential election and all House of Representatives seats are up for election as well as a number of US Senate seats on the Federal level. Statewide, all House seats, 134 of them, are up for grabs, with a good number of them considered very close races including a number of contests in the primary, which pits contestants from the same party against one another. The House races are very important as they will determine which party controls the House leadership when the 2017 Session

Juvenile Justice Committee

Jane Schmid, Chair

jane.schmid@co.brown.mn.us

Legislative/Adult Justice Committee

Mark Bliven, Chair

mark.bliven@state.mn.us

Legislative Liaison

Calvin Saari

SISUwithSAARI@aol.com

Membership Committee

Dayna Burmeister, Co-Chair

dayna.burmeister@state.mn.us

Dan Kempf, Co-Chair

dan.kempf@co.hennepin.mn.us

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laura.a.anderson@state.mn.us

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newbrightonmark@msn.com

Student Services Committee

Mary Oberstar, Chair

mary.oberstar@state.mn.us

Technology Committee

David Heath, Chair

heathd@stlouiscountymn.gov

Administrative Manager

Debbie Beltz

mca-mn@hotmail.com

begins in early January. I have been spending time researching information on all candidates around the state in an effort to identify those who are showing awareness of our legislative issues and who have a keen interest in public safety/corrections concerns. I really urge our members to seek out the legislative candidates in your home area and introduce yourselves and ask their support of our issues. When newly elected Representatives take office and are already have some knowledge of our work and what we represent, it helps enormously when I make contact with them to discuss our legislative concerns.

During the past few months, we have been busy working on preparations for a legislative workshop the the Fall Institute in late October, and conferring regularly with US Senator Al Franken's staff in our effort to get his appearance at our fall conference. That is still pending as they don't begin drafting the Senator's schedule for October until early September, but we remain optimistic as Senator Franken has expressed interest in many of our issues and is particularly engaged in discussions of mental health needs. We are also extending an invitation to Lt. Governor Tina Smith in case we are unable to fit into the Senator's schedule.

Our Legislative workshop is scheduled for Wednesday, October 26th, from 3:15 to 4:45 pm. We have entitled this workshop "**Community Drug Treatment vs. Prison**". The session will be devoted to an overview of the new Drug laws passed this past Session which resulted to significant changes to the Minnesota Sentencing Guidelines. I will be moderating this session where we will hear from Mark Haase, Sarah Walker, and Nate Reitz. Following presentations by them, we will conduct a panel discussion where they will respond to your questions regarding this topic. I encourage you to put this workshop down on your to-do list as it will provide a great opportunity to delve into the impact of this new legislation.

Finally, we have begun discussions in the MCA Legislative Committee to develop our 2017 Legislative Agenda. This past month we had a lengthy discussion of the DOC concerns such as Infrastructure/Bonding priorities, housing needs, Mental Health concerns, and others. The August meeting will be devoted to a joint meeting with the Juvenile Justice Committee in order to prioritize the juvenile issues. As members of MCA, we welcome and solicit your input about issues you feel ought to be addresses. Contact me, Mark Bliven or any other member of the Legislative Committee, or feel free to join our discussions at our monthly meeting at the DOC central office on the second Thursday of the month starting at 9:30 am. We'd love to have you join us! Again, let me emphasize that I really enjoy hearing from our members so please reach out and let me know of your concerns or questions. I admire the work of all of our members and I feel privileged to represent you all with our work with the Legislature. Thank you for your support and encouragement. I look forward to seeing you soon!

Calvin Saari
MCA Legislative Liaison
sisuwithsaari@aol.com

Tech Talk

David Heath – Technology Committee Chair



Mobile Public Safety Video System

On July 4th 2016, at the Freedom Over Texas Festival, a new innovative Public Safety Video System was successfully deployed in Houston. Video Surveillance solutions provider IDIS and Homeland security integrator Edge 360, teamed up to deploy this new innovative mobile video system. Each year, the Freedom Over Texas festival attracts approximately 40,000 people into the heart of Houston's downtown area. Securing this and other similar events staged in parks, city streets and really any event attracting large crowds is a challenge in today's world.

This new system excels in changing environments, providing enhanced video much better than a traditional video surveillance system. For example, an outdoor park or open area where tents, portable toilets, stages, and other temporary event structures are erected. It also is not impacted by high radio frequency which is common in these environments. Traditional video system responsiveness can be impacted by this "noise", but the new systems wireless technology mitigates any disruptions in service. Mobile video cameras can be hung in any stationary location, like telephone poles, trees, music stages, etc..to gain a view. This mobility feature enables the system to gain video coverage into locations that normally would not have it. Because the cameras are controlled via a web browser, authorities also gain a greater situational awareness to their surroundings.

With the next Super Bowl coming to Houston in 2017, the mobile video system will also provide the city with added protection. In the future, I would expect systems like this to become more common and necessary in large venues. Possibly we will see this technology even more enhanced by 2018, when the Super Bowl is held in the new Minnesota Vikings stadium. Hopefully, this needed technology will make us all a bit safer in crowded events that many of us attend on occasion. I did not see a cost associated with this mobile video system, but the city of Houston believed it was worth the price. To read more about the Houston deployment and see a picture of a mobile camera, paste the link below:

http://www.securitysales.com/article/idis_technology_used_in_mobile_video_solution_to_help_secure_houstons_july/news

To request more product information use this link:

<http://www.securityinfowatch.com/reg/rmi/display/12232489>

MEET YOUR COMMITTEE CHAIRS

FALL INSTITUTE - REGISTRATION COMMITTEE CO-CHAIRS

Jean Wipper & Vicki Lanners



Jean Wipper's Bio:

I have been with the DOC for over 30 years, working in various departments (Records Unit, Release Unit, AWA support staff, and most recently as Wardens Executive Assistant since 2007). Currently, my primary duties are assisting the Warden, Exec Team and other department staff in the day to day operations of the facility including community relationships oftentimes representing the facility as the "first voice" of the warden's office. I have been a long standing member of MCA and have served on the

Registration Committee for the MCA Annual Training Institute for a number of years. I have served as Board Member with Starcor Credit Union for six years. I am involved with my local township's community day with the primary focus of facilitating a 5K Fun Run/Walk for ten years. I began co-chairing the Registration Committee for the MCA Annual Training Institute with Vicki in 2015.

Vicki Lanners Bio:

I have been with the DOC since 2000 starting out as a Correctional Officer, then on to the Records Department as an Office & Administrative Specialist with a promotion to Office & Administrative Specialist Intermediate, and now in Case Management as the Office & Administrative Specialist Senior. Currently, my primary duties are assisting the case managers in their daily duties and the transfer of offenders to other facilities. I have been a long standing member of MCA and have served on the Registration Committee for the MCA Annual Training Institute for a number of years becoming the Chairperson in 2012.

TECHNOLOGY COMMITTEE CHAIR

DAVID HEATH



David's Bio: David Heath graduated from St. Cloud State University in 1978, with a degree in Mass Communications and Psychology. Deciding on a career change in 1982, he went back to school with an interest in the emerging field of computer technology. In 1983, he graduated from the Minnesota School of Business with a degree in Computer Programming.

Shortly after graduation, he began programming mainframe and mid-range computers in the 1980's. When the personal computer arrived on the scene in about 1985, he was working for Washington County Minnesota, as a programmer. Liking the new PC technology better, he volunteered to leave programming behind, and start up the PC group at Washington County. David's title changed to Information Analyst, and his mission was to start a PC Information Center. The Information Center was designed to introduce and train users to the new PC technology. He was also assigned the duty of serving as a technology watch dog for new emerging technologies.

Eventually, he was well entrenched in training users and networking PC's all over Washington County with the explosion of the Personal Computer in that era. He built a service reputation and laid the foundation for the networks of today in many of the locations he worked. In 1997, he moved his family of four from the Twin Cities to rural Two Harbors Minnesota, deciding to live full time on vacation property they had purchased earlier in the decade.

After that, he began his IT career in Duluth, Minnesota working for two large private organizations, as a Senior Network Administrator and a Systems Administrator. His specialty has been in PC networks and Windows based file servers over the years. He has worked in the Information Technology business for about 30 years, holding a variety of IT positions in that time frame.

Dave's personal interests are hunting, fishing, skiing, snowmobiling, biking, traveling, and following professional sports teams in baseball, hockey, and football. He also enjoys pets and has owned hunting dogs over the past 30 years. He currently has two dogs. A Black Labrador and a Golden Retriever.

What he does do today:

In 2008, he returned to the Public Sector working for Arrowhead Regional Technologies (ARC) as an Information Technology Analyst, and still enjoys his role helping ARC staff with their computer related needs. New technology has always been a favorite, and the Corrections field has provided a number of good opportunities to put his skills to good use. He has also found a sense of gratification creating training networks and systems that are helping ARC clients as well. Dave looks for new opportunities to assist the Minnesota Corrections Association and enjoys heading up the Technology Committee. A good cross section of talent in the group has provided excellent insight on the current technical trends happening in Corrections.

Training & Education Committee Update

Ryan Busch & Jon Rowe, Co-Chairs

The Education and Training committee is hard at work planning for the 2017 Spring Conference. We are excited to announce that the Spring Conference will be held in Rochester in March, 2017, with specific date and topic coming later this year. Please be safe out there and thanks for your continued support and efforts in our field of corrections.

Nominating Committee Report

Laura Anderson, Chairperson



2017 Executive Board Elections are in the works!!!!!!

The following positions will be selected for the 2017 Executive Board: President-Elect, Vice President, Secretary and Treasurer.

Remember to look for an E-BLAST in August and VOTE for your favorite candidate!!!!!!!

If you are a member and you didn't get your e-blast with the link to vote, contact the MCA office at mca-mn@hotmail.com for the voting link.

Student Services Committee News & Notes

Mary Oberstar, Chairperson



Upcoming Career Expo:

Career Expo @ Winona State University

9/29/2016 10:30 AM - 2:30 PM

East Hall, Kryzsko Commons

We're looking at ways to provide a more meaningful membership for our student members; and hopefully build on that important membership demographic!

We welcome feedback from student members on ideas they feel may enhance their membership with MCA & that will aid in their future career goals in the criminal justice field. They can feel free to contact me or any of the Student Services Committee members. mary.oberstar@state.mn.us

MCA Committee Member Picnic 2016

Thanks to our committee volunteers

FOR ALL OF YOUR HARD WORK!!



2016 MCA Scholarship Award



The Minnesota Corrections Association (MCA) promotes education by providing one \$500 scholarship for a current member or dependent of a current MCA member to be used during the term a student is enrolled in a post-secondary education program. Scholarship winner will be announced in November, 2016.

Eligibility: The applicant must be a current MCA member OR a dependent of a current MCA member. The applicant must be an incoming student or currently enrolled in an accredited two-year or four-year college, university or technical school.

Applications deadline is September 15, 2016
Visit the MCA website home page for the Scholarship Form at www.mn-ca.org.



MCA would like to take this opportunity to thank our Fall Conference Sponsors!!

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Minnesota Adult & Teen Challenge

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MCA Annual Training Institute

Early Bird Registration Deadlines

The Fall MCA Annual Training Institute is right around the corner and will be held at the Grand View Lodge in Nisswa, MN on October 26, 27, and 28.

Please take advantage of the cost savings. Don't miss out on the Early Registration deadlines:

- Early registration rates for Attendees ends 9/1/16 (invoice will increase if not paid by the 9/1/16 early registration deadline).
- Exhibitors - Avoid Late registration rates and register before 9/1/16.



Check it out!

MCA Annual Training Institute

AMY MOECKEL/DAN RADEN/SHANNON FETTE
MCA Annual Training Institute Chairs

The Minnesota Corrections Association (MCA) Annual Training Institute Committee is doing a phenomenal job at preparing for the 2016 Annual Training Institute. Please join us in celebrating 83 years of MCA at the Annual Training Institute located this year at the Grandview Lodge Nisswa, Minnesota.



REGISTRATION NOW OPEN

You may register at the MCA website www.mn-ca.org.

DON'T MISS THE EARLY BIRD SPECIALS!

Conference Highlights

The conference will be kicked off each day with relevant inspirational Keynote speakers:

Patty Wetterling - Keynote

- Very dynamic speaker
- Will draw from her personal experience, and her fight for a world where children can grow up safe

The Cooler Bandits– Keynote – Film Screening and Discussion with film director and two released individuals featured in film

- Winner best documentary Harlem International Film Festival 2014, Winner Urban Film Festival 2014
- "Poor choices don't have to be final choices"
- <http://coolerbandits.com/>

Allen Law – General Session

- The “Sandwich Man”
- Honored by Minneapolis Rotary for efforts on behalf of the MN homeless population
- Each night and with 17 freezers in his own apartment, he makes and delivers items to homeless (700,000 sandwiches, 7,000 pairs of socks, 75,000 bus tokens)

Michael Dowd – General Session

- 1994 conviction of corruption as an NYPD officer
- Spent almost 12 years in prison
- Featured in documentary *The Seven Five*
- Will discuss ethics, and corruption

Click link to Fall Conference website page:

<http://www.mn-ca.org/page-1673231>

AWARDS CEREMONY & SOCIAL HOUR

Thursday: 180 Degrees, Inc. Sponsored Social Hour and Award Ceremony

Location: Grand View Lodge-Norway Center

NETWORKING/HOSPITALITY EVENTS

Wednesday: Hospitality Night: join us for food, friends and fun hosted by the vendors!

Location: Grand View Lodge-Norway Center 6pm-9pm

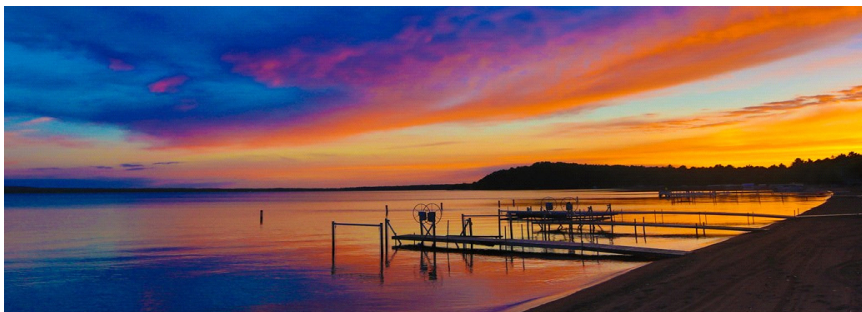
Thursday: Vendor sponsor activity onsite at Grandview, more details coming soon!
Immediately following the Awards Ceremony.

Our present committee members include:

- **Dan Raden/Amy Moeckel/Shannon Fette** – Co-Chair
Subcommittee Co-Chairs
 - **Tom Redmond/Tom Jungman** – Arrangements
 - **Jolene Rebertus/Sherry Bohn**– Program
 - **Vicki Lanners/Jean Wipper** – Registration
 - **Jason Mereness/Tom Paitich** – Resource Fair
 - **Christine Schweich/Raul Sanchez** – Hospitality-Networking

If you have interest in being a sponsor for the Annual Training Institute – contact the MCA office at mca-mn@hotmail.com or 651-462-8320

Please join us for what is sure to be a top notch memorable training at Grandview Lodge!



Minnesota Adult & Teen Challenge – Programs for every need

At Minnesota Adult & Teen Challenge, our mission is to assist individuals in gaining freedom from chemical addictions and other life- controlling problems by addressing their physical, emotional, or spiritual needs.

In our adult programs located in Minneapolis, Rochester, Duluth and Brainerd, we offer both short-term intensive treatment and long-term faith-based recovery. These two distinct offerings allow us to effectively serve individuals with a broad spectrum of addiction issues.

Our licensed, Rule 31 residential and outpatient treatment services are provided by certified mental and chemical health counselors and teachers. Our innovative curriculum integrates evidenced-based models combined with a traditional 12-step, or optional faith-based approach. Residential program length of stay is based on the client need. Most stays range from 14-90 days, while outpatient treatment usually consists of 10 hours per week for a total of 120 hours.

MnTC offers unique 13+ month, residential, faith-based recovery programs. Here clients are encouraged to establish an entirely new way of life. They work with counselors and teachers to overcome their addictions and problems associated with their substance abuse. The program consists of 4 sections, in which the individual works to determine the root cause of their chemical dependency. They will endeavor to heal from past failures, move past lasting hurt and broken relationships, then create a plan for a solid foundation in the future and lastly put it into practice.

We also offer unique support services both during the client's stay and long after they leave our centers. All of our clients work with staff to create a long-term plan that includes housing, work and or school and support networks. We also offer alumni support and events for ongoing encouragement and community.

For over 30 years Minnesota Adult & Teen Challenge has shown a proven track record of success. If you or a loved one, has a drug or alcohol addiction and needs help visit use online at www.mntc.org or call us today at 612.FREEDOM.

Heroin Epidemic

As stories of overdose deaths and drug busts have appeared with greater frequency in headlines throughout the state, "epidemic" has become an apt description of the opiate problem in Minnesota.

Opiates today are more accessible than they used to be, and abuse of pain medications is rampant. The United States makes up 5% of the world's population, but consumes 80% of the world's prescription medication. Those looking to escape the effects of withdrawal from pain pills often turn to heroin, which is cheaper and easier to find on the street than prescription pills. In 2015, opioids and heroin combined were responsible for nearly 58% of overdose deaths (330 in total) throughout Minnesota.

As the demand grows, distributors are finding creative ways to expand and enhance the market, lacing their heroin supplies with other opioids like fentanyl. The resulting concoctions are more potent, causing many unsuspecting users to overdose. More people in Minnesota today are dying from drug overdoses than from car accidents.

"Opiates have always been an issue," says Saul Selby, Vice President of Clinical and Transitional Services at Minnesota Adult and Teen Challenge, "[but now] there's a major spotlight...on a regular basis politicians are talking about this issue because on a regular basis people are dying."

Minnesota Adult and Teen Challenge is proactively addressing the issue through their Know The Truth program. Know The Truth reaches out to students, teachers, and parents with a comprehensive message of prevention, building awareness and offering practical solutions for stopping addictions before they start. Last year, Know the Truth spoke to more than 55,000 students across Minnesota about the risks of using and abusing drugs and alcohol. In addition to their work in the schools, KTT also puts on free events for parents, teachers, and community members. One such event, United We Stand, is built on the belief that awareness is the cornerstone of prevention. At these events, various community leaders, law enforcement, and health professionals inform attendees on drug trends, causes of addiction, and means of intervention. Young adults share personal stories of substance abuse and their journey back to freedom.

Adam Pederson, Director of Strategic Partnerships at MNTC, says, "We want everyone to leave this event knowing what they can do to take action."

For those in need of treatment, clients at Minnesota Adult and Teen Challenge have up to ninety days to taper off of Suboxone, a process eased by medication and the opportunity for exercise and therapeutic hot showers. Throughout this time, clients attend opioid support groups and special programs offering opportunities for equine therapy, dialectical behavior therapy, EMDR, mental health diagnosis, and medication management.

Many clients opt to transition from the shorter program into the longer residential program. "These clients really, really benefit from extended support...the length of the program gives people time for their bodies and brains to heal physically and psychologically," says Selby. "People in recovery need to develop a whole new set of skills to manage their emotions, and it takes time. Our goal is to help people get off the drug entirely."

Gina Evans

MN Adult and Teen Challenge
Community Outreach Director

612-238-6187 (Office)

612-735-2944 (Cell)

gina.evans@mntc.org

www.mntc.org



Jerrod Brown

Treatment Director Pathways Counseling Center, Inc.

Founder and CEO of The American Institute of the Advancement Studies (AIAFS)

Confabulation: A Brief Introduction for Professionals

Authors: Jerrod Brown, Charlotte Gerth Haanen, Deb Huntley, & Blake Harris

Abstract

Confabulation is characterized as providing inaccurate or erroneous memories that the individual believes to be true with no intent to deceive in what appears to be an attempt to fill in the gaps of what can be accounted for by recollection. As confabulated information is by definition incorrect, there is the potential for significant impact on the criminal justice and mental health systems. Professionals rely on accurate information to make correct diagnoses, treatment recommendations, and legal decisions, including rendering a fair verdict. Confabulation has been found to take place across varied populations including those with cognitive dysfunction resulting from traumatic brain injury, organic disease, and other forms of mental illness as well as those of otherwise normal functioning. Given its relative common occurrence, it is important to understand what constitutes confabulation, the potential causes, and how it differs from other methods of falsification.

Confabulation

Confabulation is the problematic retrieval of accurate information that can be a partial mix of true and/or entirely false recollections (Ropper & Brown, 2005). Confabulation, in contrast to malingering, lacks the willful intent to deceive and is accompanied by lack of awareness regarding the inaccuracy of the memory (Moscovitch, 1995; Turner, Cipolotti, Yousry, & Shallice, 2008). In other words, those who confabulate may not have any cause to believe that their recollections are anything less than accurate.

Although all confabulated memories are inherently inaccurate, there are many ways by which one can fail to recall accurately. One form of confabulation is the recollection of actual stored memories at the wrong chronological time (Brown et al., 2014): one correctly recalls the *what* and *how* of an event, but misrepresents the timeframe or the *when*. Chronological confabulation such as this may result from processing deficits in the frontal lobe, the portion of the brain that plays a role in free recall of information and insight into the nature of memory issues (Squire, 2009).

Other potential causes of confabulation include lesions in the medial basal region of the frontal lobes or subcortical lesions in white matter that lies adjacent to that region (Borsutzky et al., 2008; Gilboa & Moscovitch, 2002). Such lesions can cause an amnesic condition that may include confabulation (Lezak, Howieson, & Loring, 2004).

Gilboa and Verfaillie (2010) identified three potential causes of confabulation: (a) another memory was incorrectly added to the original, thus contaminating the memory; (b) the specific memory was never correctly encoded into memory, thus making it difficult to retrieve; or (c) there was an unconscious motive to change the memory because it provided an advantage for the person to remember it that way. It is important to iterate that the last supposition denotes the unconscious intention to alter information and not the knowing decision to misrepresent facts.

Confabulation differs from lying in that the individual has no conscious awareness that the memory is inaccurate, and believes it to be wholly true (Macleod, Gross, & Hayne, 2016; Shingaki et al., 2016). It also differs from delusions in that the person who confabulates is generally oriented in reality and may have no other signs of psychotic processes (Kerns, 1986). Individuals who confabulate will often mix portions of memory that are true with conjecture that can either be convincing on the surface or so fantastical as to not be believable at all. Confabulations can range from minor errors when retrieving information, such as the statement that there were no vehicles present at the scene of a crime when in fact there were, to the more bizarre, such as is often seen in individuals with Schizophrenia or Wernicke-Korsakoff Syndrome (WKS) (Johnson, Hayes, D'Esposito, & Raye, 2000; Kopelman, 2010; Nathaniel-James & Frith, 1996; Fischer, Alexander, D'Esposito, & Otto, 1995). It is believed that the malnutrition involved in WKS is focused on thiamine deficiency (Ropper & Brown, 2005). WKS is most often, but not solely, a result of long-term alcohol abuse. These two groups differ in terms of type of confabulation, with frontal lobe damage associated with spontaneous confabulations and the WKS group evidencing provoked confabulations which occur in response to questions or memory challenges (Salazar-Fraile et al., 2004). As indicated, some individuals who confabulate may offer impractical, ill-conceived, and even bizarre answers in response to even the most basic questions (Lezak, Howieson, & Loring, 2004). For example, a 75-year-old retired professor, who had a stroke in the medial basal region, reports muscle aches and pains from carrying elephants out of his backyard. Confabulations may occur when an individual is pressed or pressured to give an answer and may be spontaneously created without explicit cue (Dalla Barba, 1993; Kessels, Kortrijk, Wester, & Nys, 2008; Schnider, von DaËnken, & Gutbrod, 1996; Turner, Cipolotti, Yousry, & Shallice, 2008).

The person who confabulates may feel he/she should know the answer why, for example, he experiences these aches and pains and therefore feels compelled to respond in some form regardless of the plausibility. The intent is not to lie or deceive the listener, but rather to provide any answer as opposed to no answer at all. Confabulation may be used for emotional self-preservation or as a means to maintain self-esteem, such as memories of past glory or idealized childhood, but it may also simply reflect contamination of the target memory with others from their own experiences or from their general knowledge (Smith & Gudjonsson, 1995). Awareness of these issues by criminal justice and mental health professionals should go a long way towards enhancing the treatment and legal outcomes for those afflicted with these disorders (Ropper & Brown, 2005).

Conclusion

Confabulation by definition is inaccurate recollection that cannot be intentionally deceptive. Common causes of confabulation include trauma to the frontal cortex of the individual through either direct injury or the onset of conditions such as Wernicke-Korsakoff Syndrome (WKS). As more clinicians and treating professionals become aware of the root

causes behind confabulation and effective treatments are developed for the underlying conditions driving the behavior it is hoped that enhanced outcomes will result.

Author Biographies:

Jerrod Brown, MA, MS, MS, MS, is the Treatment Director for Pathways Counseling Center, Inc. Pathways provides programs and services benefiting individuals impacted by mental illness and addictions. Jerrod is also the founder and CEO of the American Institute for the Advance-ment of Forensic Studies (AIAFS), and the Editor-in-Chief of Forensic Scholars Today (FST). Jerrod holds graduate certificates in Autism Spectrum Disorder (ASD), Other Health Disabilities (OHD), and Traumatic-Brain Injuries (TBI). Jerrod is certified as a Youth Firesetter Prevention/Intervention Specialist, Thinking for a Change (T4C) Facilitator, Fetal Alcohol Spectrum Disorders (FASD) Trainer, and a Problem Gambling Treatment Provider. Jerrod is currently in the dissertation phase of his doctorate degree program in psychology. For a complete list of references used for this article, please email Jerrod at

Jerrod01234Brown@live.com

Dr. Gerth Haanen has worked in the field of psychology with a variety of populations, including children, adolescents, and adults. This has involved work with at risk and adjudicated adolescents, children with emotional and behavioral disorders, adults with serious and persistent mental illness, and both adults and children with developmental disabilities. Services provided have included individual and group therapy, testing, and clinical assessments. Dr. Gerth Haanen has worked for the Minnesota Department of Corrections as a psychologist since 2005. This began in a maximum security prison completing forensic and neuropsychological assessments for the mental health unit. This included providing expert testimony on a regular basis for civil commitments as mentally ill and also mentally ill and dangerous. Dr. Gerth Haanen worked at the state's only female prison facility providing mental health and chemical dependency assessments along with group and individual counseling and crisis intervention. Neuropsychological evaluations as well as staff training regarding traumatic brain injury were recently conducted at a close custody facility as part of a federal grant. She is currently employed at a medium custody facility completing psychosexual assessments and making treatment recommendations for a sex offender treatment program. She has also worked as an adjunct professor for online educational programs since 2007.

Dr. Deb Huntley teaches in the Social and Behavioral Sciences department at Concordia University, St. Paul. She is a licensed psychologist and has worked in children's shelters, residential facilities for adolescents and chronically mentally ill adults, private practice, juvenile detention programs, outpatient child and adolescent clinics, and has consulted with a state adoption agency. She is currently a member of the editorial review board for The Family Journal as well as Forensic Scholars Today.

Blake R. Harris, Ph.D. is a forensic psychologist licensed in his native Texas where he practices in the Austin area. In addition to various research endeavors, he is a supervising psychologist with the Travis County Juvenile Probation Department where he oversees the development and implementation of clinical services for youth court ordered to inpatient substance use and behavior treatment in a secure forensic facility. Dr. Harris is also responsible for supervising clinical services for the county's Day Enrichment Program, which services moderate to high-risk youth receiving intensive substance use and mental health interventions in the community. Additionally, he works with his team of postdoctoral fellows and predoctoral interns to conduct risk assessments aimed at identifying various areas of concern including future recidivism and future violence. Prior clinical experience includes working with adults and adolescents in an array of forensic settings. Dr. Harris has also instructed graduate courses in one of his primary areas of interest, Forensic Mental Health Risk

Assessment. Dr. Harris thoroughly enjoys ventures that afford the opportunity to research and discuss the topics of psychopathy and the etiology/nature of aberrant behavior and destructive personalities.

For a complete list of references used for this article, please email Jerrod at Jerrod01234Brown@live.com

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Minnesota Corrections Association
PO Box 261 • Wyoming, MN 55092-0261
651-462-8320 • mca-mn@hotmail.com • www.mn-ca.org