MCA FORUM

Vol 42, No. 2 April, 2019









In this Issue:

- President's Message
- Corrections Capitol Day
- MCA Spring Conference
- Upcoming MARRCH Conference
- Legislative Update
- MCA Committee Updates
- Upcoming Events

To contact MCA, join a committee, to be a sponsor or to get involved, please contact:

mca-mn@hotmail.com www.mn-ca.org





2019 MCA Awards will be presented at the Annual Training Institute October 22, 2019 – 6:30 p.m. Grand View Lodge

Who do you know in the corrections field that is deserving of an award?

Copy this link into your browser to access the Nomination form: http://www.mn-ca.org/resources/Documents/Awards/MCA%202019%20Nomination%20Form.doc

Or, you can access this form on MCA's website, http://www.mn-ca.org/awards-committee

Submit your nominations to Mark Groves at mark.groves@state.mn.us

~MCA will be accepting Award Nominations in the following categories until July 15, 2019 ~

<u>Corrections Person of the Year:</u> This award is given for outstanding contribution in the field of corrections in Minnesota by an individual in any employment. It could be clergy, judge, legislator, group home parent, etc., as well as a correctional professional.

<u>Professional Achievement Awards:</u> This award is given to two correctional staff persons (field services and correctional facilities) who have demonstrated achievement over a period of time, but shall not exclude professionals new to the field who have displayed outstanding achievement.

<u>President's Award:</u> This award is given to programs, resources or facilities working in the broad field of corrections and criminal justice, which demonstrate creativity, resourcefulness, effectiveness and innovation.

<u>Technology Award:</u> This award is given to individuals, programs, resources or facilities working with technology in the broad field of corrections and criminal justice, which demonstrate creativity, resourcefulness, effectiveness and innovation.



Thank You
Midwest Monitoring and Surveillance
for sponsoring
the MCA Awards Ceremony!!

Upcoming Events





MACPO Spring Conference | May 15 - 17, 2019

Don't miss the MACPO Spring Conference!

Breezy Point Resort

MACPO is proud to welcome

Patty Wetterling

as a keynote speaker for the 62nd Annual MACPO Spring Conference!

MARRCH Conference 2019 - May 16-17, 2019 Grand View Lodge Nisswa, MN

Join MARRCH colleagues for two days of collaborative learning in the relaxing North Woods of Minnesota May 16-17, 2019. This year we'll be offering two educational tracks: Native American and Co-Occurring Disorders, expecting to offer twelve Continuing Education credits. It's all happening at the historic Grand View Lodge in Nisswa, Minnesota.

MARRCH

This is an event you won't want to miss!



President's Message

By Connie B. Hartwig, 2019 MCA President

HELLO MCA Members,

YIPPEE!!!!!!! Spring is finally here and it looks like the big "S" word is a thing of the past (for now). I am sure you are all so happy to get out of your homes and take time to watch the snow melt and smell the spring air. **UPDATE:**4/10/2019- NEVERMIND! I am NOT shoveling.

MCA is very busy with all of the Fall Institute planning, Spring Workshop and monthly trainings. The Spring Workshop was held March 21st in St. Peter. It was entitled "I Need a Mental Health Day". I have to admit, I was a little nervous attending because of the rough year our Corrections Family had in 2018. Things are still pretty raw for a lot of people. I was not sure that I was prepared to "keep it together" while listening to such sensitive subjects. I was pleasantly surprised by how well the materials were presented by ALL of the presenters and how everyone managed to add humor to the day. Thank you for not making me cry. Thank you so much to the Spring Workshop Committee for all of your hard work and making it such a wonderful day, with very informative self-care topics.

MCA and MACPO came together on March 15th to present "Surviving/Thriving in the Trenches" at Central Office. This was a very well-attended (46) and well-received training. Thank you to the presenters and the Education and Training Committee for making the event happen.

Our Fall Institute will be here before we know it. Please mark your calendars for October 22-25 at the beautiful Grandview Lodge. On the 22nd, we will hold our Second Annual Award's night. We will be adding some **special** awards this fall and I am hopeful we will have a big crowd to celebrate. Please look for the exciting lineup of presenters and registration to be posted on the MCA website soon. An e-mail announcement will be sent as soon as registration is open.

MCA's Training and Education committee has done a great job putting together monthly workshops and joint trainings for MCA/MACPO members. The next workshop is scheduled for 5/17/2019 at Central Office. Please visit our website to see the topic which will be determined soon. We are always looking for more volunteers to help support the mission of MCA. We have a great diverse representation of committee members from the institution, treatment, all three probation delivery systems and other professionals in the corrections field. If you are interested in volunteering please go to our website and check out the different committees that might interest you. Student Services and Education and Training are looking for additional members. Education and Training would appreciate more members to assist in planning and facilitating our monthly workshops.

Our Student Services Committee continues to work to enhance services and opportunities for our college and high school students. Adding more members would enable us to reach out to more colleges, job fairs and high schools to get the word out as to the many internships and employment options available to students throughout Minnesota. Look for student scholarship applications on the MCA website.

Feel free to email myself or other board members with ideas or areas of improvement for MCA. We are always open and looking for feedback on how to better serve our members. HAPPY EASTER AND HAPPY SPRING!

Take Care, Connie B. Hartwig MCA President 2019



MCA now has the honor of being a life-time sponsor of the CORRECTIONS PEACE OFFICER FOUNDATION (CPOF)

Although this amazing Foundation was established in 1984, it came to our attention in August of 2018 during the American Corrections Association Conference, when Joe Gomm's photo was displayed at their Exhibit. After learning of this Foundation and the benefits available to our Corrections' Family, MCA forged the beginning of a great relationship and bond with the staff. Since August, numerous staff have received benefits as a result of experiencing a catastrophic event. In June of 2019, CPOF will hold their Annual Project 2000 XXX Conference in Louisville, Kentucky. Both Joe Gomm, Joe Parise and their families will be honored at the event, in addition to two MN DOC staff who were severely injured in the line of duty. MCA members, please visit their website at CPOF.org and consider joining this foundation. If you know of someone who may benefit from CPOF, please feel free to reach out to me and I can help you through the process. Connie.hartwig@state.mn.us.

About the Corrections Peace Officer Foundation (CPOF)

The Correctional Peace Officers (CPO) Foundation is a national, non-profit charitable organization created in 1984. Its primary function is to preserve and support the surviving families of Correctional Officers who lose their lives in pursuit of their chosen profession of protecting the public from those remanded to correctional custody and supervision in the nation's prisons and jails. The CPO Foundation is a bona fide charity registered with the Internal Revenue Service under IRC 501 (c)(3), 509(a)(1) & 170(b)(1)(A)(vi), ID No. 68-0023302.

The CPO Foundation is not a political action group or committee of any kind, nor is it affiliated with any political action group or committee of any kind, nor is it involved in any collective bargaining issues with any employee groups, associations and/or administrations. It is the policy of the CPO Foundation that we do not recognize privatization in the field of Corrections. The CPO Foundation adheres to the policies of the Federal Government's Department of Justice. Those policies recognize only law enforcement officers within the public sector.

MISSION STATEMENT

The purpose of the Correctional Peace Officers (CPO) Foundation, Inc. is to operate and maintain a general fund for the perpetuation of the memory of those Correctional Peace Officers killed in the line of duty; to provide for their spouses, children or other beneficiaries; and to promote and project a positive image of the Corrections profession, both internally and to the general public.

"Taking Care of Our Own"

The Correctional Peace Officers (CPO) Foundation defines **catastrophic** when an Officer and/or staff member at a Correctional Facility, because of a catastrophic illness, injury, or event, are suffering severe financial hardship. Our resources within the Catastrophic Assistance Program are not infinite. They are limited and the Catastrophic Coordinator's along with our contacts at the individual facilities must verify and explore the extent of the financial need. Our Catastrophic Assistance Program is not intended to supplement an entire paycheck and is primarily for Correctional staff, their spouse or dependent children. In the case of illness or injury, if extensive travel is involved in obtaining treatment and/or therapy for the Applicant, their spouse or dependent children, financial assistance may be provided to help with medical travel expenses incurred.

In bereavement situations, financial assistance is limited to the Applicant, their spouse, or dependent children, if there is a dire need and no insurance or other finances are available. The CPOF Board of Directors will strongly consider assisting correctional staff in situations related to natural disasters: fire, flood, earthquake, tornado, etc.

The Catastrophic Coordinator is required to request documentation to support the request for financial assistance which may include a medical diagnosis/prognosis, fire reports, etc. They may also request a completed financial worksheet to support minimum monthly living expenses and monthly income (**which may include pay warrants and other sources of income**). Other documentation or information may be required based on case-by-case situations.

On each assistance application we receive (whether directly from the applicant or a co-worker) we will immediately touch base with their facility. There are a number of reasons for this...one, we work with the facility and Department of Corrections in assisting Correctional staff; two, we want the facility to know what we are doing and why; three, we need to verify the facts. We are not questioning the integrity of the applicant or their co-worker; however, we need to know without a doubt the financial need does exist and all steps have been taken to lessen or alleviate the situation. Remember, it is not our money; it comes from monthly donations made by our supporting members.

Finally, once we have received all required supporting documentation the Catastrophic Coordinator submits a recommendation to the CPO Foundation Board of Directors based on the documentation and/or information compiled. The Board then reviews each case individually, (this action can take 8-10 days subsequent to receiving all required documentation) a final decision is made and the applicant is notified by phone, email or written correspondence.





Corrections Capital Day 2019

On February 25, 2019, MCA hosted our annual Corrections Capitol Day at the DOC Central Office. Sixty people registered for this event. The morning began with an summary presentation by our new Corrections Commissioner, Paul Schnell. He outlined his priorities for the Department of Corrections as he was preparing to present the Corrections budget to legislative committees at the Capitol.

Participants heard presentations from:

Rep. John Lesch, Chair of the House Judiciary and Civil Law Committee,

Senator Warren Limmer, Chair of the Senate Judiciary and Public Safety Division,

Rep. Carlos Mariani, Chair of the House Public Safety Committee,

Rep. Marion O'Neill, and Rep. Brian Johnson, minority leaders in the House Public Safety Committee.

Each of our excellent presenters shared a little about themselves and their dedication to the State along with their priorities. They entertained questions and comments from the participants.

We extend our appreciation to the sponsors of Corrections Capitol Day 2019: MACPO, MACCAC, Minnesota Adult & Teen Challenge, The Second Chance Coalition, and Paul Mickelson Consulting. Their support allowed us to provide a delightful continental breakfast. Thank you!















Cedar HeightsResidential Services for Extended Jurisdiction Juveniles

At our Cedar Heights home, we help individuals involved in extended juvenile jurisdiction reach their full potential.

Our Cedar Heights home offers community-based residential services for young men, ages 16-21, who are involved in extended juvenile jurisdiction and in need of out-of-home placement. Our dedicated Clinical Specialist provides on-site skills groups and therapeutic supports, and our specially trained residential staff members give the individuals we serve a safe environment in which they can heal, learn, and grow. We work with each young man on a one-on-one basis to establish an individualized service plan, set goals for personal growth, and reduce further involvement in the criminal justice system. Goal areas may include, but are not limited to:

- Learning social skills
- Developing healthy relationships with family members, peers, and others
- Achieving or maintaining employment
- Succeeding in educational goals
- Participating in treatment for substance abuse, behavioral challenges, trauma, etc.
- Expressing themselves through art and other outlets
- Engaging in the community through advocacy groups



Cedar Heights is launching in spring of 2019. To learn more about the program or make a referral, contact Brent at 952-925-8038 or brent.grossman@thementornetwork.com

If you're interested in joining our team at Cedar Heights, contact **Roxann** at **612-400-2179** or **roxann.peters@thementornetwork.com**



MCA Spring Training

March 21, 2019

On March 21, 2019, we joined together at the St. Peter Community Center for the Spring Training event titled, "I Need a Mental Health Day." Examples of the topics included Career/Life Balance, Critical Incident Stress Management, Good Mental Health in the Workplace, and True Grit.

A big thank you goes to our Spring Training Committee! Great work!









MCA Spring Training - Continued







Thank you Sponsors!!







Pictured is Connie Hartwig with exhibitor representatives from:

Restoration Counseling and
Community Services
Volunteers of America/Amicus
Leo Hoffman Center
St. Peter Mental Health Center
West Central Regional Juvenile Center



LEGISLATIVE AFFAIRS

By: Calvin Saari, MCA Legislative Liaison

With six weeks left in the 2019 Session of the State Legislature, action continues at a hectic pace. The DFL leadership in the House has already set their target budget limits for various Committees, so all Divisions are now working on completing their Omnibus bills. I'm going to provide some commentary on the House Public Safety and Corrections Omnibus bills in this article, but allow me to provide our readers with the bill identification numbers of several Committees so you can review these at your pleasure:

House Corrections Omnibus Bill is HF 1948 (which has now been incorporated into the House Public Safety bill)

House Public Safety and Criminal Justice Reform Omnibus Bill id HF 2792

House Judiciary and Civil Law Omnibus Bill is HF 2705

House Pension Omnibus Bill is HF 2632

House Capital Investment Omnibus Bill is HF 845

The Senate, under Republican leadership, has been moving much slower in putting together their comprehensive Omnibus bills. Once both bodies have approved their Omnibus bills, they will go to a Conference Committee for each division, in an effort to reconcile the difference in the bills. Then they would again have to be approved by each body before being sent to the Governor for consideration.

I'd like to make a few comments on the Public Safety bill currently being considered in committee hearings this week. There are a very large number of amendments to this bill, which could change the final document (currently 109 pages).

Committee Chair and author, Rep. Carlos Mariani, has said that this bill is the result of a collaborative effort from both sides of the aisle and focuses on community-centered public safety. This would promote criminal justice reform by prioritizing preventative over punitive measures. The biennial appropriations calls for Corrections to receive \$1.29 billion and public safety \$405.89 million.

This House proposal closely follows the recommendations of Governor Walz's funding requests with a few minor exceptions.

In response to the tragedies within the DOC institutional setting this past year, the appropriation of \$7.67 million for the biennium, would pay for 110 new prison correctional officers. Other notable provisions include: restoring a felon's right to vote upon release from incarceration, re-establish the Ombudsman for Corrections, establish and fund training for 911 Dispatchers, eliminate the existing statute of limitations for sex trafficking and other criminal sexual conduct offenses, and adjust thresholds for marijuana offenses and penalties. The Minnesota Sentencing Guidelines Commission would be required to review guidelines on child pornography crimes.

In all, this Omnibus bill incorporates 22 different bills approved by the Committee in hearings this Session, including all the thirteen provisions recommended by the Corrections Sub-Committee chaired by Rep. Jack Considine.

There are also four new Task Forces that would be established:

Peace Officers Excellence Task Force (\$250,000 in fiscal year 2020)

Dosage Probation Task Force (\$200,000 in fiscal year 2020)

Cannabis Task Force (\$100,000 in fiscal year 2020)

Task Force on Missing and Murdered Indigenous Women (\$150,000 in the biennium)

I will be providing further information on this and other legislative proposals in my next legislative tracker report. This report will be available on the MCA website.

Calvin Saari MCA Legislative Liaison SISUwithSAARI@aol.com

~ MCA Presents at the 2019 Annual MSSA Conference ~

The Minnesota Social Service Association (MSSA) hosted the 2019 Annual Conference March 20-22, 2019 in downtown Minneapolis. This year's conference theme, *Challenging Perceptions – Inspiring Transformation*, focused on recognizing how our assumptions or perceptions about ourselves, and the people and systems around us, impact our behaviors. When these perceptions are identified, we can challenge ourselves to look at the world in a new way. This is the first step to not only transforming our lives, but the lives of the people we work with every day. Conference participants learned about current and emerging best clinical experiences, heard from presenters on their lived experiences, and were presented with diverse cultural and regional perspectives.

MCA/MACPO conducted a 3-hour workshop titled: *From Cell to Street: What Offenders Need When they Return to the Community* to about 100 participants. Mark Bliven, Kari Boser, Nuwoe Cooper, Carter Diers, Mark Groves, Connie Hartwig, Melissa McCann, and Robyn Wood provided information about how the Minnesota Correctional Facilities, case management, programs and field services function. A good time was had by all.

MCA also hosted an information booth. We had some interesting swag which brought attendees over to our booth and kept them there for some conversations. Folks who visited our booth had a genuine interest in learning more about the services we bring to the table. Both Robyn and Mark shook many hands, shared experiences and stories, and ultimately provided the exhibit hall attendees an emotional connection to working with criminal justice populations. MCA is part of the MSSA Annual Conference Planning Committee.

We will provide workshop topics and



expertise at their annual conferences moving forward with the idea of promoting the Transition from Prison to Community initiative.

Pictured to the left are our own Robyn Wood and Mark Groves. Thank you for representing MCA at the MSSA Conference!





Technology Committee Update Purchasing USB Drives

By David Heath - Technical Committee Chair

USB Flash drives, often referred to as "memory sticks" or "thumb drives," have come a long way since IBM offered the first 8MB flash drive in the USA, in 2000. The technology has evolved to high speed flash drives with 256GB or more of storage. This equates to roughly 32,000 times more storage and much faster access speeds than the original USB offering.

With advancement of computer USB Ports1.0 (1996) to 2.0 (2001) to 3.0 (2011), it enabled larger faster USB storage devices. There is much more to consider now when purchasing a flash drive. Most USB flash drives are USB 2.0 or 3.0 compatible now. Look for a blue insert on your USB computer port and it should be a USB 3.0. If your computer is newer than 2011, you probably have a combination of 2.0 and 3.0 USB ports. Also, if you plug a 3.0 USB stick into a 2.0 USB port, it is backward compatible and will work, but only at the speed of a 2.0 USB port. It's important to understand that in speed considerations. Use a 3.0 port whenever you can on a 3.0 stick.

When purchasing a flash drive, it often does not make sense to buy anything really small (less than 64GB) on basic flash drives. The price difference is pretty small, to get 2 to 4 times the amount of storage. When buying encrypted drives, that does not always appear to be the case. A 64GB encrypted drive can be quite a bit more money than a 32GB encrypted drive. The Kingston encrypted drive in my web link is about twice the money.

Another big consideration, is the transfer speeds of the USB stick. The faster the better, if you intend to copy big files, play imbedded video in large PowerPoint files, etc. A fast stick can help you avoid lag time between slides in a large PowerPoint presentation.

I am including a couple links that highlight 2019 USB flash drive purchasing, and explains what you are buying and what to look for. Also, some flash drives are encrypted with passwords and more. If the drive contains sensitive data, this can be an important consideration. Just note that USB encryption will reduce access speeds. If you need encryption, it would be best to purchase a very fast USB 3.0 Stick. Also, make sure you use it in a 3.0 port to compensate for the speed loss caused from file encryption.

Here are a few links to help you decide what to buy:

https://www.techradar.com/news/best-usb-flash-drives

https://www.techradar.com/news/best-secure-drives





WEST CENTRAL REGIONAL JUVENILE CENTER

The West Central Regional Juvenile Center is a co-ed facility with 43 secure and 15 non-secure beds. The facility provides a secure residential treatment program that is able to provide services for youth with behavioral, mental health, substance use, trauma, and sexual specific issues. We offer 30, 60, 90, and 120 day behavior modification programs with the ability to provide additional services for youth based on their individual needs. We also offer flexible options on a case by case basis. 30 day evaluations are offered in the non-secure unit.

Secure Residential Programming Options

Outpatient Substance Use Treatment

WCRJC partners with Drake Counseling of Fargo, ND, to provide outpatient treatment to youth with substance abuse issues. Drake provides group facilitation three times per week in addition to individual and family sessions. Services are funded through insurance or the consolidated fund of Minnesota.

Pathways Program for Youth that Have Sexually Offended

The facility works with Dr. Kristy Kiland and other mental health professionals to provide the Pathways program to youth that have been assessed at a moderate risk to reoffend. Therapists work with youth based on their required level of care, and release dates are determined on the individual's progress in the program. Youth are able to participate in both individual and group therapy depending on appropriateness. The low intensity Pathways program is offered in the non-secure unit. Services are funded through insurance or by the placing county.

Trauma Therapy

WCRJC partners with Lutheran Social Services to provide intensive therapy for youth with traumatic backgrounds. Both Trauma Focused Cognitive Behavioral Therapy and trauma-based therapy are available. Therapists meet with youth to assess and determine the level of care needed. Trauma services are also available in the non-secure unit. Services are funded through insurance or by the placing county.

The facility is currently undergoing an expansion/remodel that will increase capacity in the secure unit to 65 beds and 35 non-secure beds. This will allow us to continue to expand our programming options and provide additional services to youth around the state. The facility will also add an independent living skills program that will provide youth with ongoing structure, guidance, and housing. Construction is anticipated to be completed in early 2020. We are excited for what the future has in store!

Secure Residential Programming 60, 90, 120 days

Secure and Non-Secure Detention Services

Non-Secure 30 Day Evaluation Program

Thinking for a Change

Community Service Opportunities

Transitional Living Skills Curriculum

Education Services

WEST CENTRAL REGIONAL
Juvenile Center

729 11th St N Moorhead, MN 56560 218.299.5150



Update on Resources located on MCA's Website

Career Resources, Internships and College Connections

Looking for career resources, internships, and connections to local colleges/universities? We have added links to our website to connect you to all of these agencies and educational institutions!

Check it out!

Go to our website: mn-ca.org and click on the Resources Tab to explore these opportunities!

Scholarship Information

MCA Scholarship - Deadline for Submission is 6/1/19

MCA will be awarding 2 - \$500 scholarships.

Scholarship Application Submission is Open!

Go to our website: mn-ca.org and click on the Resources Tab to explore these opportunities!

To make your tax-deductible donation to the Scholarship Fund, the form can be found on the MCA website, noted above.

100% of the donations will be added to our \$500 scholarship awards!







Thank you to our Sponsors!

Platinum Sponsors





















Gold Sponsors





About the MCA FORUM

The **FORUM** is published six times a year by the Minnesota Corrections Association, a nonprofit, professional association incorporated in Minnesota. Articles submitted by our membership do not express the views of MCA or the Board of Directors.

Articles may be submitted to the FORUM editor Tara Rathman at Tara.Rathman@state.mn.us or Elana Brunner at Elana.Brunner@state.mn.us Articles should not be of the nature of a commercial solicitation of products or services; rather, they should be informative on topics of interest to MCA membership at large.



OUR MISSION:

TO PROMOTE THE PROFESSIONAL DEVELOPMENT OF INDIVIDUALS WORKING IN ALL ASPECTS OF THE CORRECTIONS FIELD AND TO PROMOTE ETHICAL AND JUST CORRECTIONAL PRACTICE.

To contact MCA, join a committee, for sponsorship or to get involved, please contact:

mca-mn@hotmail.com





Contact Us

For more information or questions, feel free to contact us!

MCA Office

PO Box 261 Wyoming, MN 55092 (651) 462-8320

mca-mn@hotmail.com

Visit the MCA website: www.mn-ca.org

Executive Board

President: Connie Hartwig

President-Elect: Mary Oberstar

Vice President: Laura Anderson

Secretary: Kaylee Henson

Treasurer: Robyn Wood

Past President/Awards: Mark Groves

Administrative Manager: Debbie Beltz

Committee Chair Board Members

Adult Justice/Legislative:
Mark Bliven &
Brian Collins

Annual Training Institute: Shannon Fette,
Amy Moeckel & Dan Raden
Communications: Tara Rathman &

Elana Brunner

Education and Training: Zayda Harsha &

Mary Oberstar

Juvenile Justice: Jane Schmid & Kari Boser

Legislative Liaison: Calvin Saari Membership: Mark Groves & Jenna Collins

Nominating: Roman George & Rick Pung

Sponsorship: JoAnn Brown
Spring Workshop: Ryan Busch &

Katie Campbell

Student Services/Research: Melissa McCann

Technology: David Heath Victim Services:To be announced