

# MCA FORUM

Volume 46 No. 6

November / December



## “SEASON” IT WITH MCA

[mca-mn@hotmail.com](mailto:mca-mn@hotmail.com)

Feel free to e-mail MCA to get in contact, join a committee, become a sponsor or to get involved!

MCA website: [www.mn-ca.org](http://www.mn-ca.org)

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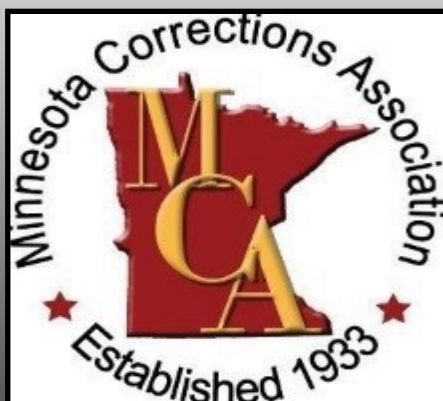
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# Join MCA Today



**Behind every number is a person and a story.  
Everyone needs help sometimes. Amicus will be there.**

For more than 50 years, Amicus has been a healing force in our community, helping justice-involved people find a safe home, jobs to begin building anew, and the comforting fellowship of community belonging.



Serve **1,222** people through supportive re-entry services



Support **1,002** adults with transportation



Provide **227** men and women with volunteer mentors



Provide **197** individuals with winter clothing and toiletries



Assist **176** people as they find permanent employment



Help **50** individuals find stable housing



Support **45** women as they transition from prison to community



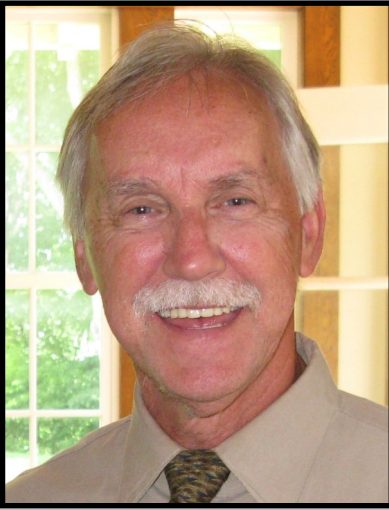
Attain **7.6%** three-year recidivism rate for participants

[voamnwi.org/amicus](http://voamnwi.org/amicus)

 **Volunteers of America**  
MINNESOTA AND WISCONSIN

 **Amicus**  
Real change starts on the inside.





## President's Message

*Mark Groves, 2023 MCA President*

In our busy social media crazy world, we often forget the importance of being in a live, face-to-face setting, with others from our profession. Which brings me to our 2023 MCA Annual Training Institute last month. What a great time for all! I've heard nothing but praise from all who attended the conference. The presenters were well-prepared, and the sessions were well-attended. Our Legislative workshop was packed. The accommodations were superb. The evening events were fun and lively. It was especially exciting to see Commissioner Schnell and the wardens participating in the events. I enjoy my relationship with each of them.

And, of course, our awards evening was extra special. I want to again congratulate our winners:

### **Corrections Person of the Year**

Joseph Arvidson – Planning Specialist, Ramsey County Community Corrections

### **Corrections Officer of the Year**

Paige Pieschke – Corrections Officer, Scott County Jail

Heather J. Hansen – Corrections Officer II, MCF-Togo

### **Professional Achievement (Field Services)**

Erik Ness – Career Corrections Agent, DOC

Tim Haug – Corrections Agent, Cass County Probation

### **Professional Achievement (Corrections Facility)**

Brady Hartmann – Corrections Lieutenant, MCF-Shakopee

### **President's Award**

All Square – Emily Hunt Turner, CEO

### **Technology Award**

Nichole Vee – Case Manager, MCF-Oak Park Heights

### **Board of Directors Award**

Erica Fauchald – Kitchen Supervisor, Northwestern MN Juvenile Center

Everyone felt that our conference committee members did a superb job organizing the meetings, selecting thought-provoking topics, and even getting us good hotel rates. Congratulations on both a successful and a memorable conference. You have set a new standard for conference planners.

## President's Message - Continued

I want to take this opportunity to recognize our wonderful Annual Training Institute members:

### **Chairs**

Dan Besser

Rebecca Erickson

### **Programs**

Christine Schweich

Thomas Beiring

Stephanie Duhme

Duane Stanley

Kari Boser

Matt Seeger

### **Hospitality**

Adriana Anderson

Kaitlyn Baden

Molly Trieschman

Laura Vukelich

Steven Fisher

Frank Rutt

Jennifer Gast

### **Arrangements:**

Tom Jungmann

Tom Redmond

Teresa Knies

### **Registration:**

Debbie Beltz

Jean Wipper

Dan Carlson

Arti Cunningham

### **Resource Fair:**

Kayla Grimm

Jennifer Krajniak

Jennifer Gast

Shannon Fette

### **90<sup>th</sup> Anniversary**

#### **Committee Chairs:**

Jane Schmid

Dan Raden

### **Mentors:**

Shannon Fette

Amy Moeckel

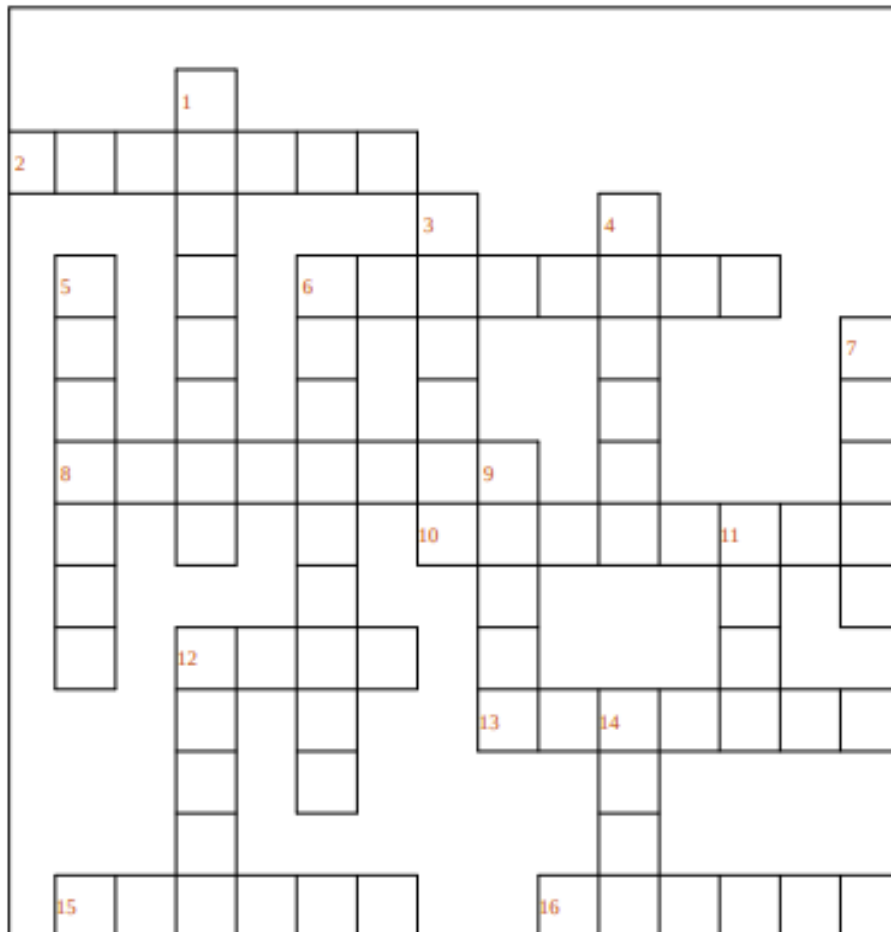
We had so much to gain by attending our Annual Training Institute. This annual event is where we all came together as one body to communicate the needs of our members and MCA. It is at this time that we developed and redeveloped those relationships and strengthened the bond of MCA so we can continue to grow and move forward.

MCA is an investment that our members have put a lot of time and energy into over the last 90-years. To capitalize on that investment, we all need to be engaged and participate at all levels. There is power in being connected to other people who are active in our line of work. Know that when two or more people begin to discuss topics on a deeper and personal level, the success of the event to those involved becomes irreplaceable. It is the participants that decide if a conference will be successful and the reason to attend. You are the ones that make the difference!

My hat's off to you all!!



# Fall




## **Across**

- 2 Halloween month
- 6 Rodent that hordes nuts
- 8 People at the first Thanksgiving
- 10 Thanksgiving month
- 12 Yellow vegetable that grows on stalks
- 13 To gather farm crops
- 15 Thanksgiving main dish
- 16 Falls from trees

## **Down**

- 1 Sport played with a brown ball
- 3 Another name for Fall
- 4 a color and a fruit
- 5 Great for pies or for carving
- 6 Keeps birds away from fields
- 7 Nut from an oak tree
- 9 Birds fly \_\_\_\_\_ for the winter
- 11 Bundles of hay
- 12 Drink made from apples
- 14 Tool to clean up leaves





# Celebrating Tribal Sovereignty and Identity

2023

National Native  
American Heritage Month



# National Native American Heritage Month

Courtesy of the U.S. Department of the Interior—Indian Affairs

For almost one hundred years, Americans, both Indian and non-Indian, have urged that there be a permanently designated place on the calendar to honor the contributions, achievements, sacrifices, and cultural and historical legacy of the original inhabitants of what is now the United States and their descendants: the American Indian and Alaska Native people.

The quest for a national honoring of Native Americans began in the early 20th Century as a private effort. As far back as the late 1970s, Congress has enacted legislation, and subsequent presidents have issued annual proclamations designating a day, a week, or a month to celebrate and commemorate the Nation's American Indian and Alaska Native heritage. In 2009, Congress passed, and the President signed legislation establishing the Friday following Thanksgiving Day of each year as "Native American Heritage Day."

## Honoring and Citizenship: Early Advocates

After 1900, one of the earliest proponents of a day honoring American Indians was Dr. Arthur Caswell Parker (b. 1881, d. 1955), a Cattaraugus Seneca and the director of the Rochester Museum in New York (now the Rochester Museum of Arts and Sciences). Dr. Parker (Gawasco Waneh) was a noted anthropologist, historian, and author whose great-uncle was Brigadier General Ely S. Parker, secretary to General Ulysses S. Grant during the Civil War and the first American Indian to serve as Commissioner of Indian Affairs in the Department of the Interior. Dr. Parker also served as the first president of the Society for American Archaeology (1935-36).

Dr. Parker founded several American Indian rights organizations, including the Society of American Indians, in 1911, with the founding of the National Congress of American Indians in 1944, advocating for American Indians to be given U.S. citizenship. He successfully persuaded the Boy Scouts of America to set aside a day for the "First Americans," which they did from 1912 to 1915.

In the spring of 1914, another Indian rights advocate, the Reverend Red Fox James (b. 1890-95, d. ?), also known as Red Fox Skiukusha, whose tribal identity is undetermined, began a 4,000-mile trek on horseback to Washington, D.C., to petition the President for an "Indian Day." The following year, on horseback, he traveled from state to state seeking gubernatorial support for U.S. citizenship to be extended to American Indians. On December 14, 1915, he presented the endorsements of 24 governors to the White House. In 1919, he petitioned the state of Washington to designate the fourth Saturday in September as an "Indian holiday."

Also in 1915, the Congress of the American Indian Association, meeting in Lawrence, Kansas, directed its President, the Reverend Sherman Coolidge (1862-1932), an Arapaho minister and one of the founders of the SAI, to call upon the Nation to observe a day for American Indians. On September 18, 1915, he issued a proclamation declaring the second Saturday of each May as "American Indian Day" and appealing for U.S. citizenship for American Indians. In 1924, Congress enacted the Indian Citizenship Act, extending citizenship to all U.S.-born American Indians not already covered by treaties or other federal agreements that granted such status. The act was later amended to include Alaska Natives.

## Federal Observances

In 1976, the United States bicentennial year, Congress passed a resolution authorizing President Ford to proclaim a week in October as "Native American Awareness Week." On October 8, 1976, he issued his presidential proclamation doing so. Since then, Congress and the President have observed a day, a week, or a month in honor of the American Indian and Alaska Native people. While the proclamations do not set a national theme for the observance, they allow each federal department and agency to develop ways of celebrating and honoring the Nation's Native American heritage.





**NUWAY**  
*Alliance*

NUWAY Alliance is a nonprofit organization created to provide overarching leadership and management to NUWAY®, Cochran Recovery Services, The Gables, and the NUWAY Recovery Foundation, The NUWAY Alliance treatment programs provide extended care programming including medium-intensity residential treatment, intensive outpatient with recovery residence support, and outpatient continuing care. All NUWAY Alliance programs serve adults and are co-occurring, GLBTQIA+ safe and friendly, trauma informed and medication-assisted treatment & recovery friendly.

With locations throughout the state of Minnesota, we offer an affordable extended care treatment continuum. Our clients often struggle with co-occurring substance use and mental health disorders, lack supportive recovery environments and need extended care to establish their recovery in the community.

The NUWAY Alliance organization strives to remove barriers for clients accessing treatment. Direct Access allows individuals to choose where they would like to access treatment. The NUWAY Alliance team will provide a comprehensive assessment, help with transportation assistance, offer no cost drug testing, peer support services, care coordination, recovery management skills, all while using evidence-based modalities. NUWAY intensive outpatient clients have the option to live in independently run recovery residences located in the community of their choice and have their housing program fees subsidized while they attend treatment. This option removes any housing barrier in early recovery for clients as well as providing them with a safe and supportive sober environment. Clients can remain in sober living regardless of receiving services. This empowers client's self-efficacy and choice and allows clients to work and/or go to school all while following best practice.



**NUWAY**  
*Alliance*



*November is*

# National Homelessness Awareness Month



# **SAMHSA**

Substance Abuse and Mental Health  
Services Administration

## Tales from the past: the planned closing of the St. Cloud Reformatory in 1970s.

By Roger Baburam, MPA  
MN DOC retiree

“...Our long-range plans include the closing of the St. Cloud Reformatory...”  
David Fogel, MN DOC Commissioner, internal memo, August 29, 1972

### Introduction.

Fifty years before the proposed closing of the two Minnesota Department of Corrections' minimum-security facilities of MCF-Togo and MCF-Willow River, in 2020, there was a significantly more serious proposal to close the maximum-security facility of the St. Cloud Reformatory (now MCF-St. Cloud) in the early 1970s. Both proposed closings were ostensibly for budgetary reasons (albeit different rationale), both generated community opposition (considerably so from the greater St. Cloud area) and, ultimately, both closings did not materialize.

### Background to the proposed closing of the St. Cloud Reformatory.

Minnesota elected Governor Wendell “Wendy” Anderson in 1971 on a campaigned promise to reform government, including the area of prisons. Accordingly, he appointed Dr. David Fogel, an academician with a reputation for radical reforms in Criminal Justice, to be his Commissioner of Corrections. A controversial figure, Fogel questioned many of the beliefs of conventional correctional practices, such as rehabilitation in prison; supported the abolition of “fortress” type prisons and was an ardent proponent of community corrections; and was largely credited with the development of the Justice Model in Corrections, a philosophy that emphasized inmates' legal rights and certainty of punishment.

In early 1972, Commissioner Fogel proposed the closing of the St. Cloud Reformatory by 1975. The rationale given was economic rather than rehabilitative reasons. He said the declining inmate populations of both the Stillwater State Prison and the Reformatory is the primary concern. The population at both prisons had been declining by 5% for the past 10 years, so much so that both have been operating at about 50% capacity. The declining population was due to a greater use of probation and parole and an expanded use of community-based sanctions by the judiciary. The inmates at the Reformatory were to be transferred to the Stillwater facility. This could result in projected savings of \$1.5 million a year in the Corrections budget, according to the *Department of Corrections' Biennial Budget Request, 1973 – 1975*, which could be used to expand community corrections.

### St. Cloud's community strong opposition.

The proposed closing of the St. Cloud Reformatory generated considerable community opposition from the City of St. Cloud and its surrounding areas. The Reformatory employed 325 persons from this community, with an annual paycheck of \$2.8 million. Clearly, the facility was an asset to the local economy and its abolition could sustain economic setbacks for this Central Minnesota region. The *St. Cloud Daily Times* extensively covered the matter, generally questioning the Department's plan. Political candidates from the area fully exploited the situation in state elections, all playing one-upmanship in denouncing the proposed closing of the Reformatory. The opposition was particularly intense on Commissioner Fogel, with many calling for his termination from office. An organization calling itself FACT (Facts about Corrections Today) set about to collect 200,000 signatures on a petition to remove Fogel from the Commissioner's office. A few staff at the Reformatory were even formally warned about suspected collaborations with FACT by the prison administration. In addition, concern was expressed that the younger offenders of the Reformatory will be placed with hardened criminals of Stillwater, much to their rehabilitative detriment. Even a few inmates and ex-inmates of the Reformatory challenged the closing either through published letters to the *St. Cloud Daily Times*, or through actual testimonies to legislative committees studying the issue.



### **Fogel stood his ground; Governor Anderson intervened.**

Commissioner Fogel did not let the criticism go unheeded. He visited the St. Cloud Community, in early September of 1972, to defend his position to close the Reformatory and directly respond to calls for his resignation. Fogel added that all attempts will be made to secure employment for the Reformatory's staff in other industries, retraining others for the soon-to-be expanded community corrections, early retirement for some and transfers to other correctional institutions for others, etc. Many of the attendees of the meeting were fiercely critical of him and his plan, particularly from the wives of many of the prison officers.

The situation became so acrimonious in the St. Cloud area that, a few days later, Governor Anderson addressed the St. Cloud City Council on the closing of the Reformatory and appeared to distance himself from his own Commissioner, professing employees of the facility are not in jeopardy of losing their jobs. Perhaps Governor Anderson, the politician, was only placating the St. Cloud citizens with his assurances because his Commissioner continued to press unapologetically for the facility's closing through more formal means. Testifying before the Senate Committee on Corrections and Containment, on September 25, Fogel requested a special legislative mandate for the closing of the facility (in addition to other correctional proposals). This request was largely seen as an attempt to assuage some of the tensions directed at the Department of Corrections by having the closing authorized by legislative fiat, rather than by Fogel and his Department. He again cited budgetary reasons: financial inefficiency of running the facility with a declining population.

### **Fogel resigns and Kenneth Schoen takes over as Commissioner.**

In January 1973, Commissioner Fogel resigned his post to assume a similar position in Illinois (ultimately, he failed to secure that position). His successor Kenneth Schoen, a Deputy Commissioner under Fogel and himself a reformer, stated he would continue most of Fogel's reforms. However – perhaps acknowledging the political sensitivity of the closing of the Reformatory in Central Minnesota – showed no indication of immediately following through with the plan to close that facility. While the closing was still not a dead issue, law makers were more willing to entertain consideration for the continued operation of the Reformatory. On February 14, 1973, legislative members of the House Committee on Health, Welfare and Corrections toured the Reformatory in the morning and subsequently held an afternoon hearing at the St. Cloud City Council specifically on the matter. The committee listened to testimonies from prison officers, public unions, representatives from St. Cloud Chamber of Commerce and City Council members, etc., all advocating for the continued existence of the Reformatory. The prospects of keeping the Reformatory open, at least in the foreseeable future, appeared further strengthened based on the *1975 Report from the State Select Committee on Correctional Institutions' recommendations*. The *Select Committee*, created by the 1973 legislature to study and make recommendations about correctional institutions, recommended the Reformatory remained open due, in part, to the St. Cloud's community support and acceptance. Clearly, the organization and advocacy of the people of St. Cloud against the closing appeared to be paying off. The 1977 DOC Master Plan, "*Past Efforts 1970-1977, Future Directions 1978-1981*," laid the proposed closing to rest, declaring the Reformatory will remain operational.

### **Stillwater Prison: the new target for closing.**

While the St. Cloud Reformatory may have gotten a reprieve from closing, the problem of declining prison populations remained an unresolved issue. The *1975 report from the State Select Committee* recommended the closing of the Stillwater State Prison, instead, to resolve the budgetary inefficiency issue of operating two prisons at 50% capacity. The plan was to transfer Stillwater inmates to the St. Cloud Reformatory, the exact opposite of what had earlier been proposed by Fogel. It would appear the prospects of closing Stillwater were less challenging politically. Moreover, the residents of Stillwater-Bayport area were already complaining of escapes from that prison, potentially jeopardizing their residents.

### **Analysis and Conclusion.**

DOC Commissioner David Fogel may have been a controversial commissioner - he entered both Stillwater Prison and the Reformatory as an inmate (in his first few days as Commissioner) for a brief time to personally experience incarceration; alienated prison staff with his allegiance to inmates, such as permitting them to stay outside their cells for long periods, etc. However, it should be said that his plan for closing a major prison was understandable given the times. After all, plans to close a major prison in Minnesota continued ever after Fogel left in 1973 and it was a fact the

Department was allocating most its expenditures to sustain a significantly declining prison population.

The late 1960s and early 1970s were a time of expanded community corrections, when it was felt incarceration should be utilized for the more dangerous offenders. The Rehabilitative ideal was the orientation of Criminal Justice System. Judges had considerable discretion to impose community sanctions instead of prison under the then indeterminate sentencing structure of the judiciary. In addition, Minnesota passed the Community Corrections Act, in 1973, awarding subsidies to piloted counties for additional correctional services in the community. The Department predicted an ever further decrease in prison population with the implementation of this Act. Given all these factors, a decline in prison population and a proposal to close a major prison appeared inevitable. St. Cloud community's intense campaign to prevent the closing of the Reformatory simply transferred the decision to close to the other major state prison, Stillwater, where it was seen as less politically costly.

Not only both the Reformatory (now called MCF-St. Cloud) and Stillwater State Prison (now called MCF-Stillwater) did not close and have continuously remained open, but the Department even expanded its adult correctional facilities from 4 to 10 facilities. What accounted for this significant shift? Simply put, two primary reasons: prison population increased, and the Criminal Justice orientation changed. The growth of inmates steadily increased since the mid-1970s and significantly so after 1986 (1,994 in 1980; 2,614 in 1986; 3060 in 1990). The rehabilitative ideal, to an extent, succumbed to the pressures of "tough on crime" and public policy in Criminal Justice was generally in accordance with this orientation. In 1980, Minnesota adopted determinate sentencing guidelines, which took away most of the discretion of judges; legislators passed mandatory minimum for several crimes, upgrading of some crimes, more severe penalties, new crimes created, etc. Under these circumstances, the elimination of a major prison in Minnesota seemed unfathomable and the increase in inmate population a forgone conclusion.

The circumstances behind the planned 2020 closing of MCF-Togo/MCF-Willow River and the 1970s proposed closing of the St. Cloud Reformatory may have been different: the Department of Corrections was experiencing a budget shortfall in 2020; in 1970s, there was a declining prison population. However, both proposed closings had major similarities: economic devastating consequences to rural Minnesota were anticipated, which generated successful lobbying efforts to keep the facilities operational. Even though the eras are different, one cannot overlook the fact that correctional facilities - be it large or small - appear to be a permanent part of the social, political and economic landscape.

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"He brought me up  
out of the pit of destruction,  
out of the mud;  
And He set my feet on a rock,  
making my footsteps firm."  
Psalms 40:2 (NASB)

**Reentry  
Assistance to the  
Incarcerated of  
North America**

RAIN Homes Network  
1315 Portland Ave S  
Minneapolis MN 55404  
john@rainhomes.org  
612-889-9610

Since 2008, RAIN of North America has provided reentry housing options throughout MN, while helping to create networks of welcoming churches, employers, and landlords in five other US states and now Mexico. Our vision is to see men and women to be set free through the application of Biblical principles as they cross over to become valued members of the community. Since 2017 of the 170+ adults that were served in Moorhead – NONE who have chosen to stay 12+ months have returned to jail/prison.

RAIN has grown to 97 beds in Duluth for adult men and women, with additional homes for men added in St. Cloud (in both Sherburne & Stearns County), as well as Coon Rapids and Northeast Minneapolis. All RAIN homes are locally owned, locally operated, and locally supported.

- ❖ Recovery Homes (over 60 in MN)
- ❖ Transition Resource and Employment Referrals
- ❖ Mentoring and Navigator support
- ❖ Community Awareness Education
- ❖ Permanent housing and Home Ownership tracks available.

*RAIN of North America is not affiliated with an outside organization, church, or specific recovery group and is governed only by its own board of directors.*



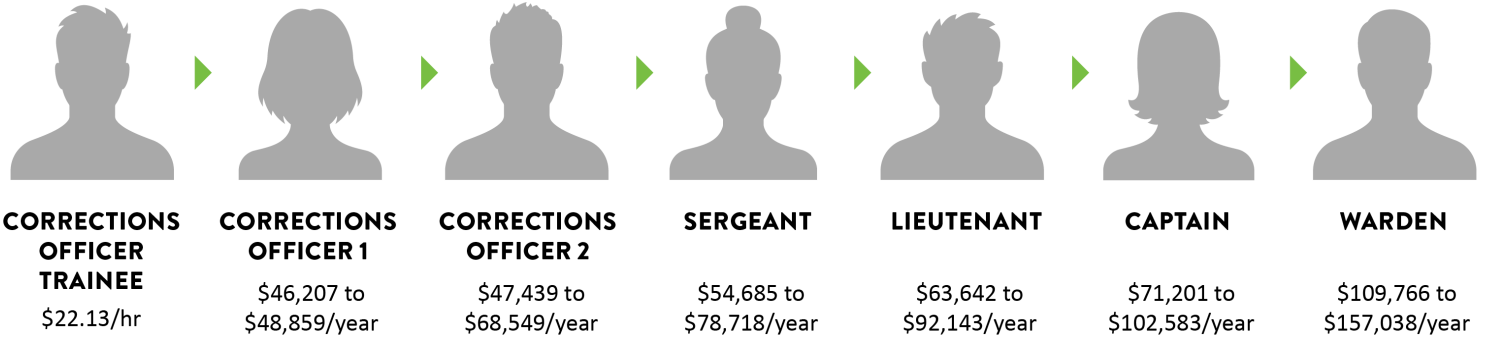


**COLLABORATIVE** *for* RECOVERY  
REENTRY  
RENEWAL

**Providing an online resource directory  
and monthly networking meetings that highlight  
organizations within the reentry community  
that provide support and connections  
for men and women coming out  
of incarceration or treatment.**

**612-781-0816**

# CORRECTIONS OFFICER EXAMPLE CAREER PATH



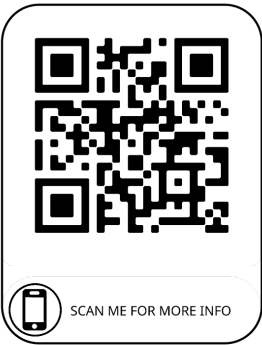
This diagram illustrates one possible path

### CORRECTIONS OFFICERS

- No degree or experience needed
- Paid training
- Optional early retirement at 55
- Pension and deferred compensation plans
- 15 days paid military leave (up to 5 years unpaid)
- Amazing insurance (health, dental, vision, life)
- Vacation (8-18 hours per month)
- Sick leave (8 hours per month)
- 11 paid holidays +1 floating holiday, shift exchange
- AFSCME union benefits
- Apply online: [mn.gov/doc/careers](http://mn.gov/doc/careers) or scan code with your smartphone camera

### MANY OTHER OPPORTUNITIES EXIST INCLUDING:

- Case Managers
- Educators
- Employee Training
- Food Services
- Field Agents
- Maintenance
- Nursing and Mental Health
- Program Directors



Scan this code with your smartphone camera to begin your career or connect directly with a recruiter!

The Minnesota Department of Corrections is an AA/EO and Certified Yellow Ribbon employer. Veterans, women, racial/ethnic minorities, individuals with disabilities, and members of the LGBTQ+ community are strongly encouraged to apply.







WALLEYE



COMMON LOON



SHOWY LADY'S-SLIPPER



RED PINE



RUSTY PATCHED BUMBLE BEE



MOREL MUSHROOM



WILD RICE



HONEYCRISP APPLE



LAKE SUPERIOR AGATE



MONARCH BUTTERFLY

# MINNESOTA STATE SYMBOLS





# MINNESOTA STATE SYMBOLS

## BEE: RUSTY PATCHED BUMBLE BEE

The rusty patched bumble bee (*Bombus affinis*) became the state bee in 2019. Rusty patched bumble bees are social bees that live in colonies. Each colony lives for one year with queens emerging from hibernation in the spring, building a nest, and laying eggs. Workers forage on pollen and nectar from a variety of plants throughout the summer. In the late summer, the colony produces new queens that mate with males and then overwinter by themselves, beginning the cycle again the following spring. No longer found in much of its historic range, this bumble bee is now federally protected.

## BIRD: COMMON LOON

The common loon (*Colinus immer*), also known as the "great northern diver" was chosen Minnesota's state bird in 1961. The loon is a large black and white bird with deep green-tinted feathers and dark red eyes. It has a wingspan of up to 5 feet and body length of up to 3 feet. The loon is an excellent swimmer and diver and can fly at high speeds. Its loud, haunting call is easily identified over Minnesota lakes in the summer. In the winter it flies to warmer ocean water on the Atlantic and Pacific coasts.

## BUTTERFLY: MONARCH

The monarch (*Danusa plexippus*) became the state butterfly in 2000. Every fall monarchs migrate great distances along the Mississippi River, all the way to central Mexico. Monarchs west of the Rocky Mountains migrate to California. Millions swarm in small areas and completely cover trees.

Monarchs mate in late winter and begin heading north again in March. Females lay eggs on milkweed plants along the way, then die. The larvae feed on the milkweed plant and absorb a substance that is distasteful to predators. Young butterflies continue migrating north to their parents' origin.

## DRINK: MILK

Milk became the official drink in 1984. Milk was chosen to promote the American Dairy Association and to raise awareness of dairy products in the state. Minnesota consistently ranks in the top 10 states that produce milk from dairy cows, averaging 9.5 billion pounds of milk annually.

## FISH: WALLEYE

The walleye (*Stizostedion s. vitreum*) became the state fish in 1965. Due to their elusive behavior and quality of filets, walleyes are the most popular fish to catch in Minnesota. They average 1 to 2 pounds but can grow as large as 18 pounds. The name walleye comes from its pearly eyes—caused by a reflective layer of pigment that helps them see at night or in murky waters. They range in color from dark olive brown to yellowish gold. They prefer clean, windswept lakes in northern Minnesota.

## FLAG

The current state flag was approved in 1957 by the Minnesota State Legislature. It is royal blue, bordered with gold fringe. The state seal is in the center of the flag. Circling the seal are three dates woven into a wreath of lady's-slippers: 1819, when Fort Snelling was established; 1858, when Minnesota became the 32nd state in the union on May 11; and 1893, the year the original flag was adopted. There are 19 stars on the flag because Minnesota was the 19th state admitted to the union after the original 13. The top star is larger than the rest and represents Minnesota, the "North Star State."



## FLOWER: SHOWY LADY'S-SLIPPER

The showy lady's-slipper (*Cypripedium reginae*) was adopted as the state flower in 1902. The lady's-slipper is a member of the orchid family and classified as a perennial herb. Its habitat is swamps, fens, bogs, and damp woods. This rare wildflower grows slowly, taking 4 to 16 years to produce its first flower. It may live as long as 50 years. The showy lady's-slipper blooms in late June and early July. Since 1925 this wildflower has been protected by state law, making it illegal to pick or collect them.

## FRUIT: HONEYCRISP APPLE

The Honeycrisp apple (*Malus pumila* cultivar Honeycrisp) became Minnesota's state fruit in 2005 thanks to petitioning from students at Anderson Elementary School in Bayport, Minnesota. This apple was developed by the University of Minnesota's apple breeding program in 1960 and released in 1991. Ever since, this exceptionally crisp and juicy fruit is consistently ranked as one of the highest quality apples due to its sweetness, firmness, and tartness. Honeycrisp apple trees are hardy and able to survive normal Minnesota winters.

## GEMSTONE: LAKE SUPERIOR AGATE

The Lake Superior agate was named the official gemstone in 1969. It is a quartz mineral called chalcedony with varying red, brown, gray, and white bands. It was formed more than a billion years ago by fluids pulsing through porous volcanic rock in the region that is now Lake Superior. These gemstones were dispersed when glaciers tore at the rock and moved across Minnesota. You can find them on beaches and in gravel pits in the northeast to north-central part of the state.

It is popular to polish agates to a high sheen, accentuating their bands, especially for making jewelry.

## GRAIN: WILD RICE

Wild rice (*Zizania aquatica*) or manomin, a unique resource in Minnesota, was adopted as the official state grain in 1977. A staple food of the Ojibwe for centuries, it has cultural and economic significance.

Minnesota produces over half of the world's hand-harvested wild rice—Canada produces the rest. Wild rice occurs naturally in shallow lakes and streams and ripens in late August or early September. The grain is harvested traditionally from canoes by bending the plant over the boat and lightly raking it with a hand-held wooden flail. Some wild rice is grown commercially in flooded fields. At the end of the growing season the field is drained and the grain is harvested mechanically.

## MUFFIN: BLUEBERRY

The blueberry muffin became the state muffin in 1988. Wild blueberries are native to northeastern Minnesota, growing in bogs, on hillsides, and in cut-over forested areas. These small, sweet berries keep their color, shape, and texture during baking.

## MUSHROOM: MOREL

The morel (*Morchella esculenta*) became the state mushroom in 1984. It is a highly desirable, edible mushroom sought after by mushroom hunters. Morels have an unusual, spongelike appearance and are sometimes called "sponge mushrooms." Morels live in and on the edge of deciduous forests and grow above ground during spring and early summer.

## PHOTOGRAPH: GRACE

"Grace" became the Minnesota state photograph in 2002. It was originally taken in 1918 by Eric Endstrom at his photography studio in Bovey, Minnesota, and has become a widely recognized image that hangs in many homes, restaurants, and churches across America. The photo shows an elderly, white-haired man seated at a table with his head bowed, giving thanks for the simple meal before him.

## SEAL AND MOTTO

Minnesota's first governor, Henry Sibley, chose the design for the state seal and picked the state's motto, which were officially adopted by the legislature in 1858. The seal depicts a farmer plowing a field and an American Indian riding a horse. The stamp is a symbol of the importance of Minnesota's lumber industry. The state's motto, *L'Étoile du Nord*, is French for "Star of the North" and is the basis for Minnesota's nickname, "The North Star State."



## SOIL: LESTER

Lester soil is named after the city of Lester Prairie and became the state soil in 2012. This soil formed on hills of debris left by melting glaciers about 10,000 years ago. Lester soil is young, fertile, and contains abundant natural plant nutrients. Often located on slopes, it drains water well and is less dense, making it perfect for growing pasture grasses and crops such as corn and soybeans.

## SONG: HAIL! MINNESOTA

Minnesota, hail to thee!  
Hail to thee our state so dear!  
Thy light shall ever be  
A beacon bright and clear.

Thy sons and daughters true  
Will proclaim thee near and far.  
They shall guard thy fame  
And adore thy name;  
Thou shalt be their Northern Star.

Like the stream that bends to sea,  
Like the pine that seeks the blue,  
Minnesota, still for thee,  
Thy sons are strong and true.

From thy woods and waters fair,  
From thy prairies, waving far,  
At thy call they throng,  
With their shout and song,  
Hailing thee their Northern Star.

## SPORT: ICE HOCKEY

Ice hockey was named the official state sport in 2009. Minnesota is widely regarded as a state where hockey players grow and thrive, beginning with vibrant youth leagues. The United States Hockey Hall of Fame Museum is located in Eveleth, Minnesota.

## TREE: RED PINE

The red pine (*Pinus resinosa*) was chosen the official state tree in 1953 to recognize its important role in Minnesota's history, economy, and environment. Some of the tallest red pines in Minnesota are located in Itasca State Park. Many are over 120 feet tall and more than 300 years old.

The red pine has a straight trunk, reddish-brown bark, and needles 4 to 6 inches long, growing in pairs. It is usually bare of branches for two-thirds of the way up the trunk, with a rounded top or "crown."

[mndnr.gov/mnsymbols](http://mndnr.gov/mnsymbols)

 DEPARTMENT OF  
NATURAL RESOURCES

Photo credits: Rusty patched bumble bee by Debbie Johnson; honeycrisp apple by Paul Haley; loon by Linda Greenway; walleye by Eric Engstrom; wild rice by John Engler, used with permission from MNR Press.

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## **MARRCH/MACMHP Potential Merger**

This past year, the MARRCH (Minnesota Association of Resources for Recovery and Chemical Health) board and MACMHP (Minnesota Association of Community Mental Health Programs) have been working on a framework to offer membership that outlines how a potential merger of the two associations could work.

MACMHP focuses primarily on mental health services and policy. MARRCH focuses primarily on Substance Use Disorder (SUD) services and policy. MARRCH has held numerous town hall meetings for members to ask questions, provide input, and inform the pros and cons of merging.

Across the nation, mental health and substance use disorder associations, as well as treatment providers, are combining efforts in order to be stronger together. This includes bigger, stronger legislative agendas; collaboratively working for the whole health of individuals being served; and modeling how integration works to change the entire system of care.

### ***If the merge happens, what does this really mean?***

This means the two associations become one new unified association that has newly drafted governance, membership, dues, and culture. Members will have the opportunity to participate in a newly formed association that is focused on the entire behavioral health system of care. In addition, this means the leadership of the association has the responsibility to ensure MH and SUD does not overshadow the other in terms of legislation, voice, governance, etc. Policies and procedures will also be in place to ensure this does not occur and to keep the overall association accountable to all member types.

### ***How will we ensure MH does not overshadow SUD or how do we ensure SUD does not overshadow MH?***

Both MACMHP and MARRCH members have expressed the concern of being overshadowed by the other and concerns about losing focus and diluting the mission. The voice of all provider types would be invaluable to a possible merged association (and is invaluable now as associations remain separate) to ensure they are building an equitable and sustainable behavioral health system of care in MN.

Stay tuned, as the MARRCH membership is voting in early November to accept or reject the proposed merger.



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- Equine Therapy
- Nutrition Group
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- ESA Dog
- Not A Number Group

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Breckenridge, MN 56520

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Email: [contact@valleylakeboyshome.org](mailto:contact@valleylakeboyshome.org)  
Website: <https://valleylakeboyshome.org>

# Seasonal Affective Disorder (SAD):

## More Than the Winter Blues

As the days get shorter and there is less daylight, you may start to feel sad. While many people experience the “winter blues,” some people may have a type of depression called seasonal affective disorder (SAD).

The first step is to determine how much your symptoms interfere with your daily life.

### Do you have mild symptoms that have lasted less than 2 weeks?



- Feeling down but still able to take care of yourself and others
- Having some trouble sleeping
- Having less energy than usual but still able to do your job, schoolwork, or housework

### These activities can make you feel better:



- Doing something you enjoy
- Going outside in the sunlight
- Spending time with family and friends
- Eating healthy and avoiding foods with lots of sugar

If these activities do not help or your symptoms are getting worse, talk to a health care provider.

### Do you have more severe symptoms that have lasted more than 2 weeks?



- Social withdrawal
- Oversleeping
- Gaining weight
- Craving foods with lots of sugar like cakes, candies, and cookies

### Seek professional help:



- Light therapy
- Psychotherapy (talk therapy)
- Medications
- Vitamin D supplements

For help finding treatment, visit [nimh.nih.gov/findhelp](https://www.nimh.nih.gov/findhelp).

If you or someone you know is in immediate distress or is thinking about hurting themselves, call or text the 988 Suicide & Crisis Lifeline at **988** or chat at [988lifeline.org](https://www.988lifeline.org).



National Institute  
of Mental Health

[nimh.nih.gov/sad](https://www.nimh.nih.gov/sad)

NIMH Identification No. OM 22-4320



# MCA

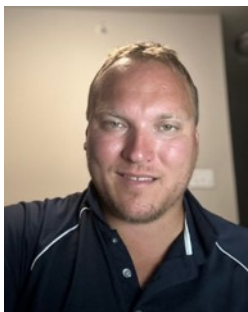
## 2024 Board Nominations



PRESIDENT-ELECT  
(Serves as President 2025)  
Candidates: Tami Jo Lieberg  
& Sean McMonagle



VICE PRESIDENT  
(2-year term 2024-2025)  
Candidates: Tonya Breitreutz  
& Debra Schmitt



TREASURER  
(2-year term 2024-2025)  
Candidates: Brian Maturi &  
Robyn Wood



SECRETARY

(2-year term 2024-2025)

Candidates: Ivory Loftus, Sheena Prizler, & Latonya Reeves



Deadline for voting is 5:00 p.m. on  
Wednesday, November 29, 2023

Members are encouraged to cast their vote!

Check your e-mail for the link to cast your ballot.



# Winter

- |              |       |               |       |
|--------------|-------|---------------|-------|
| 1. LIOGO     | _____ | 8. ARCEIEPFL  | _____ |
| 2. LIRBAZDZ  | _____ | 9. NSWO       | _____ |
| 3. ASEKNWFLO | _____ | 10. NIREWT    | _____ |
| 4. DOLC      | _____ | 11. MCHIRASTS | _____ |
| 5. CCILIE    | _____ | 12. TTIESMN   | _____ |
| 6. ACOOC     | _____ | 12. NNWSOMA   | _____ |
| 7. LDES      | _____ | 14. FOTSR     | _____ |

## WORD LIST

BLIZZARD	FIREPLACE	MITTENS	SNOWMAN
CHRISTMAS	FROST	SLED	WINTER
COCOA	ICICLE	SNOW	
COLD	IGLOO	SNOWFLAKE	



Food Service | Employment | Mentoring | Affordable Housing

## **Al Maa'uun Means "Neighborly Needs" Mission & Organizational Overview**

Inspired by the teaching of the Holy Qur'an and housed in Minneapolis' historic Mosque of the Light, Masjid An-Nur, Al Maa'uun partners with neighboring organizations, faith communities, and individuals to meet the needs of our neighbors in North Minneapolis.

Al Maa'uun represents a new chapter in the history of Minnesota faith communities uniting to meet local needs. Our story began in June 1996, when we started working as a partner organization in an interfaith effort, "Congregations in Community." Along with the McKnight Foundation, three major Christian organizations, and the Jewish Community Relations Council, we formed a coalition to engage people of faith in volunteering. We continue this tradition today as a volunteer-led nonprofit which was formally incorporated in 2009.

The dynamic collection of neighborhoods surrounding Masjid An-Nur is our primary area of service. Often referred to as Near North Minneapolis, it is home to the historic African American community in Minneapolis and much of Minnesota. Historical, social, and environmental challenges such as systemic racism present barriers to building economic stability. We have a high percentage of unemployed working-age adults which offers opportunities for business development and economic growth in the community.

From culturally relevant food offerings to support for people leaving incarceration, Al Maa'uun honors the dignity of each individual we serve or partner with. This deep respect for the nuance of neighbors' needs and aspirations lies at the heart of Al Maa'uun's collaborative programming. Similar to North Minneapolis itself, we build on a strong legacy—and we are just getting started.

*"History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not to be lived again." – Maya Angelou*

1729 Lyndale Ave N., Minneapolis, MN 55411  
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Residential Treatment Facilities

- |  |  |
|--|--|
| Cedar Ridge Men's Program – Stillwater     | Oakridge Men's Program – Rochester, MN         |
| *Twin Town Men's Program – St Paul         | Lake Shore Men's Program – Mahtomedi, MN       |
| Douglas Place Men's Program E. Grand Forks | Douglas Place Woman's Program – E. Grand Forks |
| New Beginnings Men's Program – Waverly     | New Beginnings Woman's Program – Waverly       |
| Tapestry Women's Program – St Paul         | Meadow Creek Women's Program – Pine City       |
| Latitudes LGBTQ Program – St Paul          | Bridge Recovery Men's Program – Sauk Rapids    |
| Beauterre Recovery Institute – Owatonna    | New Beginnings of MN IOP Program – 8 locations |

**7 Men's Programs, 4 Women's Programs, 1 LGBTQ Program, 1 Professional's Program**

**ABOUT MERIDIAN BEHAVIORAL HEALTH**

Based in the Minneapolis-St. Paul Twin Cities area, Meridian Behavioral Health is one of the fastest growing, leading behavioral healthcare platforms in the country. Meridian provides mental health and substance use treatment services across a broad continuum of care, which includes in-patient, residential, out-patient and medication-assisted treatment. Today, Meridian has 3 brands with over 19 locations throughout Minnesota. For more than 27 years, Meridian has developed and refined an innovative, evidence-based, "addictive disease" care model. And this innovative care model, treatment center network and corporate infrastructure have allowed it to rapidly expand, positioning the company and our communities well to continue to reach those in need.

*\* Twin Town accepts level 3 predatory offenders on a case-by-case basis at the discretion of the director. Population served policy states we only accept up to Level 2 yet the director can approve beyond that if clinically warranted.*





## Emerging Technology and Digital Tools in Corrections.

Jason Mereness, MCA Technology Committee Chair

[jason.mereness@co.ramsey.mn.us](mailto:jason.mereness@co.ramsey.mn.us)



In this installment of the MCA Forum, we want to share some brief highlights from the “Emerging technology and digital tools in corrections” session that was hosted by the MCA Technology Committee on October 26, 2023, at the 90th MCA Annual Training Institute in beautiful Duluth, Minnesota.

Presenters included MCA Technology Committee Chair, Jason Mereness (Ramsey County), MCA Technology Committee Member, Aric Walsh (Goodhue County), and MCA Technology Committee Partner, Patrick McKinney (Precision Kiosk Technologies).

The session was fast and furious as there was more to talk about than time to talk about it. However, the session appeared to successfully explore some emerging digital tools/topics like access control in institution settings, AI, ethical concerns around cameras, tiny phones, drones, incarcerated person networks, exploiting/patching tablets in facilities, and tools on devices/applications. The presenters made sure to present these timely tools/topics in a language that everyone could understand.

As presenters we broke the session down into four parts: the vision for the future, the landscape, the hurdles, and the trends. I facilitated initial discussions between Aric, Patrick, and myself, and then opened things up to the audience as we tackled questions about the changes we’ve seen, the biggest challenges we face, and the potentials for technology in the future of corrections. Business really picked up towards the end as the audience was able to ask the presenters some of the more difficult questions around the hurdles and challenges (i.e.: security, generational differences, legacy software, etc.).

Attendees, who represented a wide range of experience and capability, were very interactive and seemed to appreciate the entire session. What made the experience special for the presenters was the amount of people who took time afterwards to come up and meet with us one-on-one. These brief but important conversations reminded us that there are truly passionate people in corrections who believe in the endless potentials with technology as a partner (potential MCA Technology Committee members amongst us). I would go so far as to say that the best ways to use technology in corrections are already in the minds of those who do the work. We just need to find the right partners to walk us through the details and provide us with the right tools.



## Emerging Technology and Digital Tools in Corrections - Continued



Pictured Left to Right: Patrick McKinney, Aric Walsh, and Jason Mereness

While reflecting on the session, Patrick acknowledged that there was a sincere desire to understand how to implement and use technology within the community. Aric acknowledged that there was a nice balance of practical and technical IT discussion. We all picked up on the audience suggesting that we need to eliminate outdated practices that are no longer relevant.

Some other takeaways from the session/discussion were that we need to be cautious when adopting new technology, to ensure that we do not discard valuable practices while improving the efficiencies that newer technology can provide. Further feedback received indicated a growing concern about being left behind as the pace of technological advancement outstrips the public sector's ability to keep up. The private sector continues to move much more rapidly than corrections.

Special thanks to the attendees of our session who took the time to join in our discussion, and made it what it was, an interactive and fun discussion, focused on timely topics that were important to everyone!

As we move into 2024 and continue to grow our MCA Technology Committee and partnerships, it is important for the committee to be as transparent and inclusive as possible. With that said, whether you absolutely despise technology or are one with it (like "The Force") there is room at our virtual table for you. Please consider joining our committee or at least partnering with us on technology-related efforts in the future! If any of that is of interest to you, please email MCA Technology Committee Chair Jason Mereness at [jason.mereness@ramseycounty.us](mailto:jason.mereness@ramseycounty.us).



# Justice Involved Veterans Program

The Minnesota Assistance Council For Veterans (MACV) offers services to Veterans and former Servicemembers who are homeless or at risk of becoming homeless.

If you are a Veteran or Former Servicemember with active justice involvement who needs a place to stay or is afraid of loosing a place you have, MACV's Justice Involved Veterans (JIV) team may be able to help!

## **MACV JIV Program Services Include:**

- Guidance in navigating conditions of release
- Assistance with finding a suitable place to call home
- Reducing the amount of community supervision violations
- Connections to MACV legal, housing, and employment services
- Referrals to other community partners and supports

**Have Questions?**

Email us: [jiv@mac-v.org](mailto:jiv@mac-v.org)

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## Call Today. Begin Today.

- Substance Use Disorder Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Chemical Health Assessments
- Mental Health Services
- Medication Assisted Treatment (MAT)
- Sponsored Housing
- Peer Recovery Support
- Risk Need Responsivity Programming
- Moral Recognition Therapy (MRT)
- Criminogenic Needs Treatment
- Alumni Group

## Telehealth Option Available for all programming including SUD group!

Partners offers individuals with substance or alcohol use a convenient way to access treatment services. With the addition of telehealth programming, we are expanding our reach and helping rural populations overcome shortages of specialized behavioral healthcare and resources. It is a convenient solution for individuals with transportation limitations or a lack of childcare.

### SPECIALIZED PROGRAMMING FOR JUSTICE-INVOLVED INDIVIDUALS

Partners Behavioral Healthcare offers cognitive behavioral interventions in conjunction with substance use treatment. 80% of programming is evidence-based and includes Decision Points, Trauma, Illness Management & Recovery (IMR) and Moral Reconciliation Therapy (MRT). Decision Points curriculum meets corrections requirements, which is what individuals often need to complete upon release. In addition, licensed instructors clinically train counsellors through Decision Points authors, LLC.

### MENTAL HEALTH SERVICES

Evidence-based care for trauma, anxiety, depression and other presenting needs. Co-occurring disorders are diagnosed at Partners Behavioral Healthcare in conjunction with other health professionals.

### MEDICATION ASSISTED TREATMENT

Partners Behavioral Healthcare offers Medication Assisted Treatment (MAT) in our goal to provide a "whole patient" approach to the treatment of substance use disorders. MAT bridges the biological and behavioral components of addiction. Research indicates a combination of medication and behavioral therapies can successfully treat substance use disorders and help sustain recovery. MAT has been shown to assist patients in recovery by improving quality of life, level of functioning, and the ability to handle stressors. MAT is evidence-based and is a recommended course of treatment for opioid addiction.

### INTENSIVE OUTPATIENT TREATMENT

Intensive outpatient treatment is a primary treatment program that can be recommended by a clinical comprehensive assessment. Clients participate in group and individual therapy, while working on an individualized treatment plan. Treatment is supported by a multi-disciplinary team including LADC's, Mental Health Therapists (if needed), Peer Recovery Specialists and Case Workers. Intensive outpatient programs occur in non-residential settings and consists of more treatment hours per week than traditional programming.

### OUTPATIENT TREATMENT

Outpatient treatment offers more flexibility than intensive treatment and allows participants to maintain work, family, and personal commitments. Participants can attend sessions in the mornings or evenings and are able to pursue their personal recovery goals without explanation of a prolonged absence. Length of time in treatment depends on a variety of circumstances that are unique to the participant, however most clients remain in programming for 12 to 24 weeks. Once in our program, our clinical professionals will perform ongoing assessments and provide referrals for additional service as needed.

### PEER RECOVERY

We provide every participant with a Peer Recovery Support Specialist who has experienced addiction and are experiencing recovery. Peer Recovery Specialists offer mentoring, assist with housing, transportation, employment, and guidance in navigating community support systems.



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## Community-based addiction treatment throughout Minnesota

NUWAY Alliance is a nonprofit organization that provides leadership and management to NUWAY®, Cochran Recovery Services, The Gables and the NUWAY Recovery Foundation. With locations throughout Minnesota, we provide a continuum of extended care, including medium-intensity residential, intensive outpatient with recovery residence support, and outpatient. The NUWAY Alliance removes barriers to help people from all walks of life access evidence-based addiction treatment.

**NUWAY**  
Alliance

### All NUWAY Alliance programs

- Serve adults
- GLBTQIA+ safe and friendly
- Trauma informed
- Medication-assisted treatment & recovery friendly
- Accept Medicaid (i.e. PMAP), Medicaid-eligible and commercial insurances

For more information  
contact [info@nuway.org](mailto:info@nuway.org)

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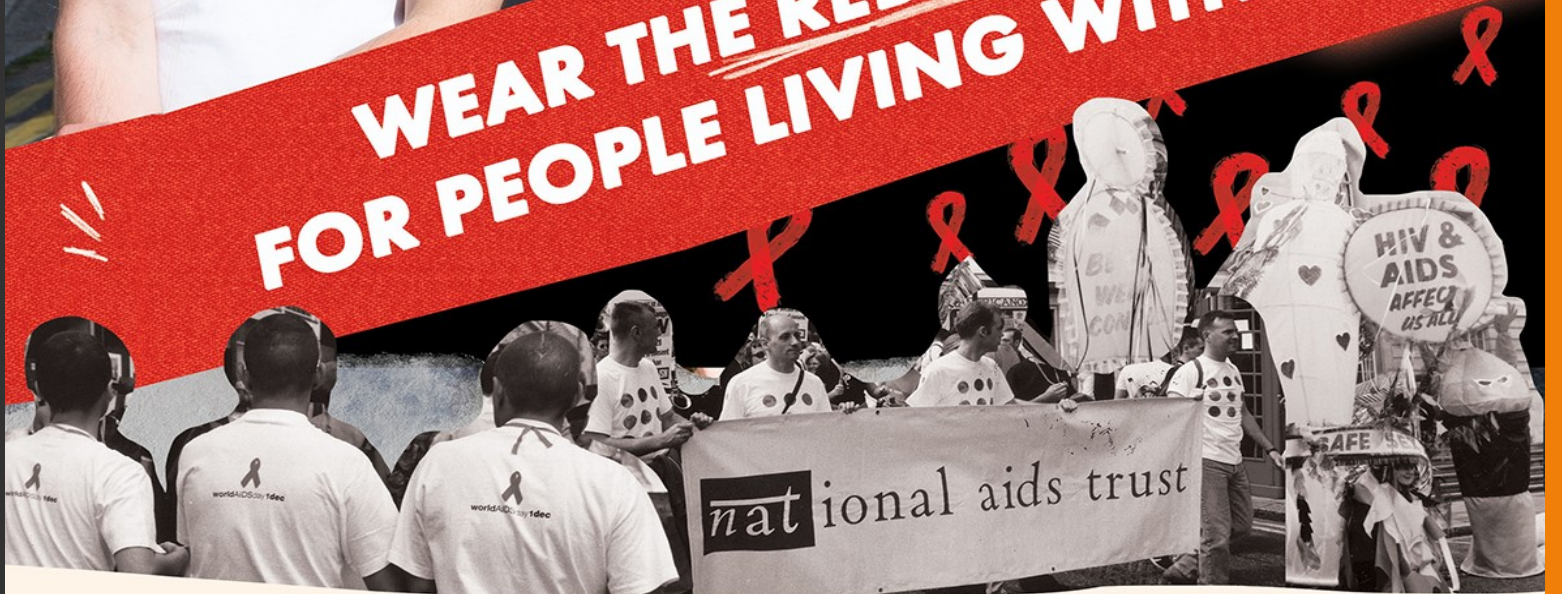
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  - Residential Treatment
  - Long Term Recovery
  - Outpatient and Telehealth
  - Ongoing recovery and transitional care
- Direct access available
- Transportation provided

#### **APPLY OR MAKE A REFERRAL**

- Fax in a completed assessment or contact admissions
- Complete an assessment via telehealth (by phone or by Zoom)
- Walk-ins available by location
- Contact our Admissions Team: 612-373-3366



## Legislative Affairs

**Calvin Saari, MCA Legislative Liaison**

[sisuwithsaari@aol.com](mailto:sisuwithsaari@aol.com)

**218-969-0151**

The 2023 Fall Institute is now history, and we continue our work throughout our organization's structure, even as we enter the always busy holiday season. Assuming this is the last issue of the Forum our members will receive through the holidays; I want to extend our Season's Greetings to ALL hoping everyone has a joyous holiday!

The MCA Legislative Committee is now working on the final draft of the 2024 Legislative agenda for board approval at one of the next two meetings. We again have a strong agenda which shows some major changes because of the tremendous success we had in the last session of the legislature. We owe a tremendous thank you to Mark Bliven who has spent a lot of time in drafting this new agenda based on discussions from committee members over the past few months. This is going to be a great agenda to present to our legislators as we continue our efforts to address needed issues and concerns. Once the board has formally approved this agenda, I will begin the process of sharing it with legislators with emphasis on those serving in the House Public Safety Division and the Senate Judiciary and Public Safety Division. We have some good bipartisan support within both committees, so I look forward to sharing our initiatives with them.

The remainder of this update will be a review of our Legislative Workshop at the Fall Institute, which was conducted all afternoon on October 25<sup>th</sup>. We had four legislators join us for a discussion of the results of the 2023 Session. Senator Jennifer McEwen of the Duluth area, joined Representative Sandy Feist, Representative Jeff Witte and Representative Paul Novotny joined Commissioner Paul Schnell in identifying the high points of the 2023 Session with each of them taking time to individually address our workshop attendees (which had 143 in attendance for the opening session). Thank you to our membership for showing your interest and support of legislative activity. Legislators feel very good and appreciated when they can address a large group.

The Legislators comments led to a few very good questions resulting in a continuing dialogue on concerns and issues still needing to be addressed. Those members concerns continued to the open discussion on the second part of the general session which was devoted to the MRRA (Minnesota Restoration and Rehabilitation Act). We are very grateful to Commissioner Schnell and Mark Bliven for moderating this discussion group and providing expanding explanation on the new legislation and the need to continue working together to create programs that will address the new legislative intent.

The 2023 Legislative Session results created the most successful legislative agenda MCA has presented in the past twenty years. Legislation was passed that addressed almost every area of our agenda, but there are bits and pieces that still require some clarification, and issues that have yet to be addressed, thus the title caption for our workshop, "What we Got, and What We Still Need". There is still work to be done so we anxiously look forward to the start of the 2024 Session.





Midwest Monitoring & Surveillance MMS Lab Services specializes in providing electronic monitoring systems Alcohol Kiosk Testing, Lab Services and Drug Testing Products for law enforcement, Drug Courts, Health & Human Services, and County corrections. Midwest provides a significantly different approach to the monitoring of clients. Midwest provides high-quality, high technology remote offender monitoring, alcohol testing, tracking, and surveillance products. Midwest offers multiple systems and virtually unlimited flexibility to Law enforcement, Drug Courts, Health & Human Services, and County corrections A “true alternative”; Midwest provides a very high level of practical experience, know-how, and technological integration to provide for low cost, effective and efficient methods of monitoring, and holding offenders

accountable. Midwest works with our customers to create the services that will fit customer needs. Midwest monitoring provides a 24/7 call center and will do client installs 7 days a week. Midwest Monitoring works with the counties helping to maintain public safety. For more information you can contact

Char Wilson  
612-590-9839

[Char.wilson@midwestmonitoring.com](mailto:Char.wilson@midwestmonitoring.com)

Or visit our web site <http://www.midwestmonitoring.com/>



[rseden.org](http://rseden.org)  
651-287-1600

RS EDEN Corrections Services operates three community corrections facilities to serve men and women. Utilizing evidence-based practices and gender responsive programming, we provide a safe environment for clients to make internal changes to promote rehabilitation, while ensuring public safety.

RS EDEN Supportive Housing plays an active role in the development and operation of affordable, safe, and supportive housing throughout the Twin Cities. We oversee nine distinct projects serving youth, singles, and families.

RSI LABORATORIES specializes in drugs of abuse testing for corrections, chemical dependency, and human service agencies. Our lab is accredited by the College of American Pathologists (C.A.P.) and the Centers for Medicare and Medicaid Services (C.L.I.A.).

RS EDEN Recovery Services has a reputation of working successfully with people who have substance use disorders. We offer inpatient and outpatient programs, specializing in serving culturally diverse, poly-drug addicted adult males and females.

Since 1971, RS EDEN has been a leader in delivering effective community human services in Minnesota. Our mission is to provide a spectrum of care—recovery and support services—to facilitate self-sufficiency for individuals, families, and communities. We believe that with structure, stability, and accountability people can and do change.

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# 2023 MCA Monthly Trainings

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**December 15th**

## ***The Redemption Project***

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**January 19th**

## ***Juvenile Justice***

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**Mark your calendars for the third Friday of the month MCA trainings!**

The education and training committee is always looking for suggestions for subjects or speakers for our monthly presentation. Please contact Pat Gerbozy at [patricia.gerbozy@state.mn.us](mailto:patricia.gerbozy@state.mn.us) or at 507-334-0727 if you have any ideas.

*The Education and Training Committee is looking for committee members. We meet via TEAMS/ZOOM ever couple of months to discuss future speakers or topics to present to MCA members. We are also the host to our monthly presenters.*

Click [here](#) to register for these Workshops!

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The **FORUM** is published six times a year by the Minnesota Corrections Association, a nonprofit, professional association incorporated in Minnesota. Articles submitted by our membership do not express the views of MCA or the board of directors.

Articles should not be of the nature of a commercial solicitation of products or services; rather, they should be informative on topics of interest to MCA membership at large.

Articles may be submitted to the FORUM editor Tara Rathman at [Tara.Rathman@state.mn.us](mailto:Tara.Rathman@state.mn.us)

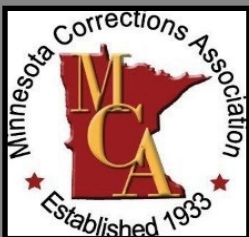
### OUR MISSION:

**TO PROMOTE THE PROFESSIONAL DEVELOPMENT OF INDIVIDUALS WORKING IN ALL ASPECTS OF THE CORRECTIONS FIELD AND TO PROMOTE ETHICAL AND JUST CORRECTIONAL PRACTICE.**

To contact MCA, join a committee, sponsor us or to get involved, please contact:

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GET IN TOUCH!

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